

PERSONAL TRAINING

私人健身訓練

WHY YOU NEED IT

- *Attain your Fitness Goals (Weight Loss, Muscle Building, Enhanced Mobility And Health)*
協助您實現健身目標 (減重、增肌、健康及活動力提升)
- *Customized Programme* 量身訂製方案
- *Motivational Support* 動力支持
- *Injury Prevention Guidance* 預防受傷指導
- *And more* 更多...

LIMITED OFFER 限時優惠

ONE BONUS SESSION WILL BE OFFERED FOR ANY PURCHASE OF 10 LESSONS

凡購買 10 節課程，可免費獲贈額外 1 節課程

*Terms and Conditions apply *優惠受條款與細則適用

HK\$5,800 / 10 LESSONS
(1 HOUR PER SESSION)

港幣\$5,800 / 10 節課程
(每節1小時)

ACTION NOW