

# CLUB TiMES

SEPTEMBER & OCTOBER 2022

www.dbrc.hk

## Not a member yet? 還未成為會員?

Join Us!

Call our membership hotline on 2987 7381 to learn more about our offers!

歡迎您隨時致電會員專線  
2987 7381 了解各項會員優惠!

An auspicious day in Chinese culture, Mid-Autumn Festival on the fifteenth day of the eighth lunar month is a time for reunions. DBRC will be organising a range of activities for you to celebrate the second most important festival in the Chinese calendar. The annual "Mid-Autumn Party" will be held at DBRC on 10 September. Bring your children to the lantern making class to create their own lanterns for free while adult members can exercise their brains with our Riddle Games. And don't miss out the Lucky Draw!

Treasure this festive time over a glass of wine at our Food, Wine & Dine in D' Café. Noodles Temptation is back with new flavours – spicy or not ... your choice! Fall is the best season for grilling. Why not bring your friends to our BBQ Buffet Dinner at Café Siena, enjoy good food and great chat. For those who love nightlife, join the fun-filled Bingo Night at D' Café on Friday evenings! You may be the lucky one to win the big prize!

The Annual Discovery Bay Swimming Gala returns on Sunday, 9 October. We saw many future stars in last year and are hoping to see some exciting new performers this year! Enrol now at DBRC or Club Siena and hit the pool before summer ends!

每年農曆八月十五的中秋節，都是與家人及摯愛團圓相聚的日子。愉景灣康樂會當然也為大家準備了特別節目。每年一度的「中秋月圓大派對」將於九月十日晚上在會所舉行，小朋友可以參加免費工作坊，親手製作別緻可愛的燈籠，大朋友則可以動動腦筋，參加競猜燈謎遊戲，還有幸運大抽獎，千萬不要錯過。

節日氣氛下當然要放鬆身心，何不在 D' Café 享用美酒佳餚，感受一下休閒的時光？喜歡嘗試新事物的您，可以在這個九月和十月到 Café Siena 品嚐新推出的各款湯麵，有辣也有不辣，任君選擇。秋高氣爽，最好的節目莫過於與三五知己一起到 Café Siena 享受燒烤自助晚餐，暢敘一番。對於鍾情夜生活的您，就不能錯過週五晚在 D' Café 舉行的 Bingo Night，盡情放鬆心情，甚至試試您的運氣，或者有機會贏得豐富獎金。

同時，新一屆的愉景灣水運會將於十月九日星期日舉行。上一屆有不少未來飛魚參與，希望今屆能繼續見證更多參加者突破自己！快到愉景灣康樂會及海澄湖畔會所報名，期待當日見到各位小飛魚的身影！



Stay Connected  
with DBRC

The Management Team  
DBRC

10 years +  
商界展關懷  
caring company  
Awarded by The Hong Kong Council of Social Service  
香港社會服務聯會頒發



Sep - Oct  
Specials  
9月-10月限定

# Food, Wine & Dine 美酒佳餚

- 1** Linguine with Fresh Scallop  
Pesto Cream Sauce  
帶子香草忌廉汁扁意粉 **HK\$138**
- 2** Stewed Oxtail, Red Wine Sauce  
served with Steamed Rice or Spaghetti  
紅酒汁燴牛尾伴香苗或意粉 **HK\$168**
- 3** Seabass Fillet "Picatta", Truffle Tomato Sauce  
served with Potato Wedges, Grilled Tomato and  
Seasonal Veggies **HK\$178**  
比吉打鱸魚柳配松露番茄汁伴燒薯角, 扒番茄及時蔬
- 4** Grilled N.Z. Lamb Rack, Black Pepper Sauce  
served with Potato Wedges, Grilled Tomato and  
Seasonal Veggies **HK\$198**  
燒紐西蘭羊架配黑椒汁伴燒薯角, 扒番茄及時蔬

---

Add HK\$25 to enjoy a glass of house red or white wine  
另加 HK\$25 享用特選紅酒或白酒乙杯

---

Guests of members will be charged a 15% service fee.  
會員賓客須另付 15% 的服務費。

For enquiries, please call: 2500 1942  
如有查詢，請致電：2500 1942

Photo is for reference only  
圖片只供參考





# ***Bingo Night***

**Date: 9 & 23 September, 14 & 28 October 2022**

**Time: 8:00pm sharp**

**COME JOIN US FOR A FUN FRIDAY NIGHT AND WIN THE JACKPOT!**

*A minimum food & beverage charge of \$80 per person*

- 
- HK\$20 per ticket / game
  - Maximum 2 cards per player
- 

Guests of members will be charged a 15% service fee.  
For enquiries, please call: 2500 1942



Café Siena

Sep - Oct  
Specials  
9月-10月限定

# Noodles Temptation

## 麵之誘惑

- 1 Old Street White Curry Noodles Soup**  
shrimps, bean curd puff, pork belly, boiled egg  
舊街白咖喱湯麵  
鮮蝦,豆卜,腩片,烩蛋  
HK\$98
- 2 Kurobuta Pork Chop Cutlet Soba Noodles in Miso Soup**  
日式吉列黑豚豬扒味噌湯蕎麥麵  
HK\$98
- 3 Korean Vermicelli Soup**  
Kimchi and Pork Belly  
韓式泡菜腩肉湯粉絲  
HK\$98
- 4 Vietnamese Beef Noodles Soup**  
sliced Angus beef, beef brisket, beef omasum, beef balls and turnips  
越式火車頭  
安格斯牛肉片,牛筋腩,牛栢葉,牛丸,蘿蔔  
HK\$118



Add HK\$10 to enjoy a cup of Coffee or Tea  
加 HK\$10 可享用咖啡或茶

Guests of members will be charged a 15% service fee.  
會員賓客需另加 15% 服務費。

For enquiries or reservations, please call: 3156 7426  
查詢或訂座，請致電：3156 7426

Photo is for reference only  
圖片只供參考

Café Siena

Sep - Oct  
Specials  
9月-10月限定



# BBQ Dinner Buffet

## 燒烤自助晚餐

**30 October 2022 (Sunday)**

**2022年10月30日 (星期日)**

**6:00pm - 9:00pm 晚上6時至9時**

Includes : Salad bar, BBQ items, Dessert,  
Free-flow of soft drinks, house beer, coffee and tea

包括：自助沙律吧，燒烤食品，甜品，無限添飲汽水，啤酒，咖啡及茶

Adult成人 HK\$298/ person位

Child小童(under 12 years old) HK\$188/ person位

Guests of members will be charged a 15% service fee.  
會員賓客需另加 15% 服務費。

For enquiries or reservations, please call: 3156 7426  
查詢或訂座，請致電：3156 7426

Photo is for reference only  
圖片只供參考



# Discovery Bay 2022 Swimming Gala 愉景灣水運會

Date日期: 9 Oct 2022 (Sun)

Time時間: 2:00pm - 5:30pm

Venue地點: DBRC Swimming Pool 愉景灣康樂會主池

Enrollment Deadline 截止報名日期: 5 Oct 2022 (Wed)

Entry fee 報名費: 每項HK\$85 per event  
(Members Only)

SWIMMING EVENTS 分組賽事	Individual events will be further separated by boys & girls race 個人項目賽事均另分男子及女子組賽事
Ages	Challenges
4 years old or below	Width Race/25m Kickboard Race
5 years old or below	Width Race
5 years old or below	25M Back-stroke/ 25M Breast-stroke/25M Freestyle
6 years old	25M Back-stroke/ 25M Breast-stroke/25M Freestyle
7 years old	25M Back-stroke/ 25M Breast-stroke/25M Freestyle
8 years old	25M Butterfly/ 50M Back-stroke/ 50M Breast-stroke/ 50M Freestyle
9 years old	25M Butterfly/ 50M Back-stroke/ 50M Breast-stroke/ 50M Freestyle
10 years old	50M Butterfly/ 50M Back-stroke/ 50M Breast-stroke/ 50M Freestyle
11-12 years old	50M Butterfly/ 50M Back-stroke/ 50M Breast-stroke/ 50M Freestyle
13-15 years old	50M Butterfly/ 50M Back-stroke/ 50M Breast-stroke/ 50M Freestyle
Child at 6-8 years old	25M x 2 Parents & Child Relay
Child at 9-10 years old	25M x 2 Parents & Child Relay
Child at 11-12 years old	25M x 2 Parents & Child Relay
	Boys & Girls Relay

Application forms are available at DBRC's & Club Siena's Reception Counters.  
請於康樂會及海澄湖畔會所接待處查詢報名詳情及索取表格。

Enquiry 查詢: 2987 7381 / [dbrc-lessons@dbrc.hk](mailto:dbrc-lessons@dbrc.hk)

Remark: Shot photo of the event may be published in various media such as website and printed materials of DBRC.  
註: 活動期間所拍攝之拍照將用於不同媒體, 包括愉景灣康樂會之網站或刊物。

Specials Thanks:





# Tennis Director-Ajit



We' re delighted to announce that Ajit Gidwani has been appointed as the new Tennis Director at DBRC and Club Siena. Ajit and his company Forward Motion joined the club since 2013 to provide tennis coaching services. As Tennis Director, Ajit will oversee all tennis programmes, coaching teams and club events.

We look forward to Ajit sharing his passion and experience with the community as we continue to develop tennis at DBRC and Club Siena.

Ajit Gidwani – Tennis Director

## Gymnastics



**Come join the new term programme!**

**29 August 2022 - 20 January 2023 Term**

Classes: Mon & Fri  
Aged: 3 years old up (all levels)  
Location: Club Siena Dance Studio

Sportsmanship Gymnastics wants to meet healthy and well-behaved Gymnasts with positive energy. See you soon!

**Application forms available at DBRC and Club Siena.**

For course details please contact: **Charles Chan**  
Email: **Sportmanshiiphk@gmail.com**





**Come join the HWI new Autumn Programme!**

***New term open for registration***

***Autumn Term once per week 22 Aug to 17 Dec 2022***  
***(Monday to Saturday 9:00am-7:30pm – once per week)***

***Application forms available at DBRC and Club Siena.***

Details of levels and times on each day, can be found on the HWI website.  
Look for 'Schedules and Applications' for Club Siena.

[www.harrywright.com.hk](http://www.harrywright.com.hk)



## ***Island Dance***

***New term open for registration***

- Ballet
- Freestyle/Hip-Hop
- Arco Dance
- Adult Hip-hop

Island Dance has been teaching Dance and instilling confidence through performance to the children of Discovery Bay for over 25 years!

Dance Styles taught include ISTD Disco Freestyle, ISTD Hip Hop, RAD Ballet, Contemporary, Jazz and Tap.

Five Professional Diverse and Talented teachers teach six days a week at DBRC & CLUB SIENA.

***All ability levels including beginners welcome. Sibling discounts available.***

***Application forms available at DBRC and Club Siena.***

Offering ISTD & RAD recognized Dance education by highly-qualified teachers from across the globe.

Trial classes and Sibling Discounts available. Please call **2987 1571** for more details.





# Table Tennis

## 45-minute Table Tennis Coaching Sessions

### ■ Beginner

1-person session	HK\$190
2-person session	HK\$140

### ■ Intermediate

1-person session	HK\$360
2-person session	HK\$240

### ■ Advanced

1-person session	HK\$560
------------------	---------



For enquiries: 2987 7381 / [dbrc-lessons@dbrc.hk](mailto:dbrc-lessons@dbrc.hk)

## Musical Instruments lesson



### 1. Electric Guitar/Acoustic Guitar/Classical Guitar/Ukulele/Saxophone/Trumpet/Clarinet/Flute/Piano/12-string Baby Harp

(For age 7 years old and below)

### 2. JSax/Mini-Keyboard/Ukulele/Piano/12-string Baby Harp

(For age 7 years old and below)

Club Siena / Tuesday / 3pm – 9pm  
Club Siena / Thursday/ 3pm – 9pm  
Club Siena / Saturday/ 12noon – 6pm

### Contact:

Mr Simon Leung 梁老師  
9131 2915 (WhatsApp & Voice Call)  
[woodwindstation@gmail.com](mailto:woodwindstation@gmail.com)



# Sep and Oct Event Happenings @Discovery Bay

## 9 月及 10 月份活動 @ 愉景灣

今個中秋，愉景北露天劇場將於 9 月 10 日（星期六）晚上 6 時舉行海濱音樂表演，讓您與家人在輕鬆愉快的音樂下欣賞月色，度過一個溫馨的中秋節。9 月 2 日起至 12 日，更推出中秋消費賞\*，消費滿指定金額及追蹤指定 Facebook 或 Instagram 帳號，有機會換領「后」美肌禮品套裝一份。

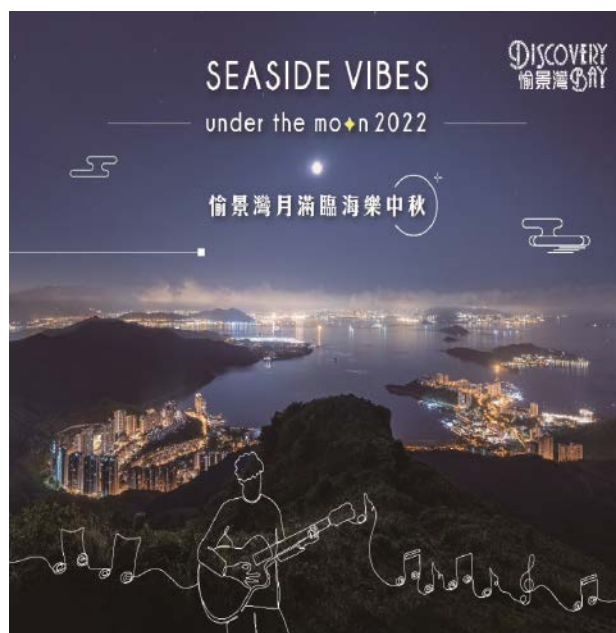
另外，為慶祝萬聖節，更於 10 月 30 日首辦愉景灣萬聖節夜間市集，敬請密切留意！更多活動詳情，可瀏覽：[www.visitdiscoverybay.com](http://www.visitdiscoverybay.com)

\* 優惠受條款及細則約束。

**This** Mid-Autumn Festival, celebrate with our "Busking Under the Moon" at the Amphitheatre of DB North, you and your beloved family will for sure enjoy a heart-warming moment. From 2 to 12 Sep, the Mid-Autumn Sales Redemption promotion\* will be launched by rewarding a skincare gift set from "The history of Whoo HK" upon spending a designated amount and follow designated social media platforms.

To celebrate Halloween, DB Plaza will organize our first-ever Halloween Sunday Night Market on 30 Oct, stay tuned. For more details, please visit [www.visitdiscoverybay.com](http://www.visitdiscoverybay.com)

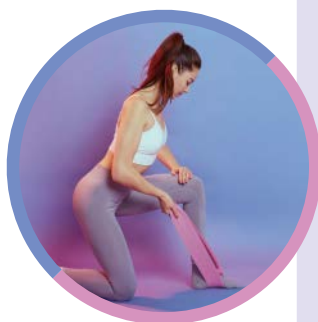
\*Terms and conditions apply.



## FITNESS

Make a plan that promotes all-round health. Simply focusing on weight loss, for example, and ignoring other areas such as mental health is not enough. The trick to sticking with your fitness program is to set tangible goals that you can realistically meet.

要製定一個健康的計劃，例如只集中減肥，然後忽視其他方面，像是心理健康，就是一個不全面的計畫。堅持你的健身計劃的訣竅是為自己設定切實的目標。



## Event for Fun

1 Sep – 30 Oct	Food, Wine & Dine, D'café
1 Sep – 30 Oct	Noodles Temptation, Café Siena
9 Sep	Bingo Night, D'Café
10 Sep	Mid-Autumn party 2022
23 Sep	Bingo Night, D'Café
9 Oct	Swimming Gala 2022
14 Oct	Bingo Night, D'Café
28 Oct	Bingo Night, D'Café
30 Oct	BBQ Dinner Buffet, Café Siena



# Mid-Autumn Party 2022 中秋月圓大派對

DBRC Lobby and Squash Court No.2  
愉景灣康樂會大堂及2號壁球場

10 September 2022 (Saturday)  
7:00pm to 10:00pm

Members only 只招待會員

## Program Highlight 活動內容

1. Riddle Games 競猜燈謎遊戲
2. Art & Craft (Lantern) 手工藝工作坊(燈籠製作)
3. Lucky Draw 幸運抽獎

For enquires please call 2987 7381  
如有查詢 請致電 2987 7381

Remarks: photos shot during the event may be published in various media such as the club website and DBRC publicity materials

註：活動期間所拍攝之照片將用於不同媒體 包括愉景灣康樂會之網站或刊物



# *Divine. Delightful. Delicious.*

*Gourmet  
confections  
for unforgettable  
moments.*

Auberge Discovery Bay Hong Kong is now serving a luxurious collection of gourmet artisanal cakes.

To order your exquisitely hand-crafted cakes, please scan the QR code below or call 2295 8288.

  
**AUBERGE**  
Discovery Bay Hong Kong  
香港愉景灣酒店



**Auberge Discovery Bay Hong Kong**

88 Siena Avenue, Discovery Bay, Lantau Island, Hong Kong  
T. (852) 2295 8288 [www.aubergediscoverybay.com](http://www.aubergediscoverybay.com)

   
@AubergeDBay