

CLUB TIMES

May & June 2024

www.dbrc.hk

Not a member yet?

還未成為會員?

Join Us!

Call our membership hotline on 2987 7381 to learn more about our offers!

歡迎您隨時致電會員專線
2987 7381 了解各項會員優惠!

As the warm embrace of summer draws near, it's time to revel in delightful moments with loved ones while savouring the season's seductive culinary delights at DBRC.

To kick-start the sunshine season, we are thrilled to introduce a range of special menus at D'Café that will tantalize your taste buds throughout May and June. Indulge in an exotic journey with Singaporean and Malaysian delicacies—imagine savouring the rich flavours of Beef Rendang and the zesty kick of Singapore-style Chili Prawns. For those craving hearty comfort, our pulled pork burger paired with refreshing summer specialty drinks boasting luscious fruity notes or a chilled beer is just what you need to elevate your dining experience.

With Mother's Day and Father's Day just around the corner, we've curated a mouthwatering holiday menu designed for the entire family to relish. Plus, in celebration of parental love, we are offering D.I.Y. workshops at DBRC where kids can craft heartfelt gifts for their beloved parents.

And that's not all! In appreciation of our esteemed members, we have prepared exclusive special offers, including an irresistible brand-new birthday treat that is sure to delight.

Get ready to infuse your summer with an explosion of joy and flavour at DBRC!

夏天已悄悄來臨，在溫暖慵懶的日子裡最適合與親朋好友相約到康樂會一起享受美酒佳餚來投入初夏的懷抱。

為了讓您享受陽光般的好心情，D' Café於五月和六月為您獻上一系列特色菜單。先品嚐新加坡和馬來西亞特色美食，例如風味濃郁的巴東牛肉和香辣惹味的星洲辣炒大蝦，一定會令您食指大動。如果您喜歡輕鬆一點的話，可以來一客手撕豬肉漢堡搭配帶有清新果味的夏日清爽特色飲品或冰凍啤酒，定會讓您胃口大開，大快朵頤!

隨著母親節和父親節的臨近，我們特意獻上令人垂涎的節日菜單來讓您和家人歡聚一堂。為了讓孩子們表達對爸爸和媽媽的愛和感激，我們將在康樂會舉辦有趣的D.I.Y.工作坊，讓孩子們為爸媽製作窩心的禮物。

為了感謝我們尊敬的會員，康樂會準備了全新的生日禮遇，為會員慶祝愉快的生日。

我們期待著您在 DBRC 度過一個充滿歡樂的夏天!

The Management Team
DBRC

10 years +
商界展關懷
caring company
Awarded by The Hong Kong Council of Social Service
香港社會服務聯會頒發



Stay Connected
with DBRC



Bingo Night



Date: 7, 21 May & 4, 18 June 2024 (Tuesday)
Time: 8:00pm sharp

COME JOIN US FOR A FUN TUESDAY NIGHT AND WIN THE JACKPOT!

A minimum food & beverage charge of \$80 per person

- \$20 per ticket/ game
- Maximum 2 cards per player

Guests of members will be charged a 15% service fee.
For enquiries, please call: 2500 1942



May Specials
5月 限定

Singaporean & Malaysian Food Promotion

- | | | |
|----------|--|----------------|
| 1 | Oven Baked Sambal Seabass (Whole)
參巴醬原條烤鱸魚 | HK\$238 |
| 2 | Beef Rendang
巴東牛肉 | HK\$138 |
| 3 | Hokkien Prawn Noodle Soup
福建蝦湯麵 | HK\$128 |
| 4 | Nasi Lemak
椰漿飯 | HK\$98 |
| 5 | Bak Kut Teh
肉骨茶 | HK\$88 |
| 6 | Pisang Goreng (Banana Fritter)
炸香蕉 | HK\$48 |



Photo is for reference only
圖片只供參考

Guests of members will be charged a 15% service fee
會員賓客須另付15%的服務費



BURGER & BEER

Pulled Pork
Burger
手撕豬肉漢堡
+
A pint of 一杯
K1664 Blanc

Pulled Pork
Burger
手撕豬肉漢堡
HK\$138

HK\$168



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12 May 2024

Mother's Day Semi-Dinner Buffet

Appetizer, Salad, Soup and Dessert from Buffet Table
自助頭盤, 沙律, 餐湯及甜品

Choice of Main Course
自選主菜

Grilled Iberico Pork Chop, Black Pepper Sauce
Roasted Potato Wedges, Seasonal Vegetables
烤西班牙黑毛豬扒配黑椒汁, 薯角, 時蔬

or 或

Pan-fried Halibut Fillet, Lemon Butter Sauce
Mashed Potato and Sauteed Veggie
香煎比目魚柳配檸檬牛油汁伴薯蓉及菜苗

or 或

Grilled New Zealand Ribeye Steak, Red Wine Jus
French Fries and Stir-fried Vegetables
新西蘭肉眼扒配紅酒燒汁, 炸薯條, 時蔬

Coffee or Tea 咖啡或茶

Additional HK\$50 per person for free flow house beer and soft drinks
每位只需另加港幣\$50, 無限量供應啤酒及汽水

成人每位港幣HK\$368 per adult with Main Course 包括主菜
小童每位港幣HK\$228 per child with Main Course 包括主菜

Early Bird Discount 早鳥優惠

成人每位港幣HK\$328 per adult / 小童每位港幣HK\$188 per child with deposit paid
at least 10 days in advance before Mother's Day (12 May 2024)
並需於母親節正日(5月12日)前10天預訂及繳付訂金

Guests of members will be charged a 15% service fee.
會員賓客須另付15%的服務費



Summer Drinks Menu



- Citrus Cooler HK\$48
- Pomegranate Soda HK\$48
- Mojito Ice Tea HK\$48
- Passion Fruit Lemonade HK\$48



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圖片只供參考

Guests of members will be charged a 15% service fee
會員賓客須另付15%的服務費



June Specials
6月限定

Singaporean & Malaysian Food Promotion

- | | | |
|----------|--|----------------|
| 1 | Singapore-style Chili Prawns
星洲辣椒炒大蝦 | HK\$238 |
| 2 | Beef Rendang
巴東牛肉 | HK\$138 |
| 3 | Malaysian Fried Rice
馬來炒飯 | HK\$128 |
| 4 | Nasi Lemak
椰漿飯 | HK\$98 |
| 5 | Bak Kut Teh
肉骨茶 | HK\$88 |
| 6 | Pisang Goreng (Banana Fritter)
炸香蕉 | HK\$48 |



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圖片只供參考

Guests of members will be charged a 15% service fee
會員賓客須另付15%的服務費



16 June 2024

Father's Day



Semi-Dinner Buffet

Appetizer, Salad, Soup and Dessert from Buffet Table

自助頭盤, 沙律, 餐湯及甜品

Choice of Main Course

自選主菜

Stewed Ox Tail, Red Wine Sauce
Served with Creamy Mashed Potato

紅酒燴牛尾配薯蓉

or 或

Pan-fried Salmon Fillet and King Prawn Gillette
Boiled Potato and Grilled Zucchini
香煎三文魚配吉列大蝦, 焗薯及扒意大利青瓜

or 或

Grilled Lamb Chop, Mint Gravy
Sweet Potato Fries, Seasonal Vegetables
燒羊扒配薄荷燒汁, 炸蕃薯條, 時蔬

Coffee or Tea 咖啡或茶

Additional HK\$50 per person for free flow house beer and soft drinks
每位只需另加港幣\$50, 無限量供應啤酒及汽水

成人每位港幣 HK\$368 per adult with Main Course 包括主菜
小童每位港幣 HK\$228 per child with Main Course 包括主菜

Early bird discount 早鳥優惠

成人每位港幣HK\$328 per adult / 小童每位港幣HK\$188 per child with deposit paid
at least 10 days in advance before Father's Day (16 June 2024)
並需於父親節正日(6月16日)前10天預訂及繳付訂金

Guests of members will be charged a 15% service fee
會員賓客須另付15%的服務費

Mother's Day Bouquet D.I.Y. Workshop

母親節花束 D.I.Y. 工作坊

Member Exclusive 會員限定

Date日期: 12/5/2024 (Sunday 星期日)

Time時間: 1) 上午11:00a.m. – 11:30a.m.

2) 上午11:45a.m. – 12:15p.m.

3) 下午12:30p.m. – 1:00p.m.

Venue地點: DBRC Reading Area 愉景灣康樂會大堂

Price費用: Free免費

Age年齡: 3 or above 三歲或以上

(Kids under six must be accompanied by a valid DBRC member/a valid guardian pass holder)

6歲以下兒童須由持有有效康樂會會員證或監護人證之成人陪同

Enrollment Deadline截止報名日期: 10/5/2024 (Friday 星期五)

Limited quota available. First come, first served 名額有限，先到先得

Father's Day Photo Frame D.I.Y. Workshop

父親節相框 D.I.Y. 工作坊

Member Exclusive 會員限定

Date日期: 16/6/2024 (Sunday 星期日)

Time時間: 1) 上午11:00a.m. – 11:30a.m.

2) 上午11:45a.m. – 12:15p.m.

3) 下午12:30p.m. – 1:00p.m.

Venue地點: DBRC Reading Area 愉景灣康樂會大堂

Price費用: Free免費

Age年齡: 3 or above 三歲或以上

(Kids under six must be accompanied by a valid DBRC member/a valid guardian pass holder)

6歲以下兒童須由持有有效康樂會會員證或監護人證之成人陪同

Enrollment Date 報名日期: 13/5/2024 (Monday 星期一)

Enrollment Deadline 截止報名日期: 14/6/2024 (Friday 星期五)

Limited quota available. First come, first served 名額有限，先到先得



The 28th Tennis Nations Cup



TOURNAMENT & CARNIVAL

The 28th Tennis Nations Cup *Dinner Party*



Pickleball Fun Day



Easter Egg KeyChain D.I.Y. Workshop



Harry Wright Swimming Programme Summer Term 2024



Harry Wright programme provides modern and progressive curricula in a positive learning environment that ensures progression, talent identification and pathways of excellence for all swimmers at any age or ability.



Summer term

Period: Summer term 8 Apr - 29 Jun 2024

Day: Monday to Saturday

(Open for members and guests.)

Schedule details available on HWI website www.harrywright.com.hk)

Range of lessons:

Parent & Infant (4-23 months)

Preschool (2.0-4.11 years)

Learn to Swim (3.0 years & above)

Swim Team

For more information, please email swimming@harrywright.com.hk

Gymnastic



Come join the new term programme!

19 Feb 2024 - 28 Jun 2024

Classes: Mon & Fri

Aged 3 years old up (All levels)

Location: Club Siena Dance Studio

Sportsmanship Gymnastics would like to see healthy and well behaved Gymnasts with positive energy.

*For course details please contact: Charles Chan
Email: Sportmanshiphk@gmail.com*





Island Dance

New term open for registration

- Ballet • Freestyle/Hip-Hop • Arco Dance • Adult Hip-hop

Island Dance has been teaching Dance and instilling confidence through performance to the children of Discovery Bay for over 25 years!

Dance Styles taught include ISTD Disco Freestyle, ISTD Hip Hop, RAD Ballet, Contemporary, Jazz and Tap.

Five Professional Diverse and Talented teachers teaching 6 days a week at DBRC & CLUB SIENA

Welcome all ability levels and beginners.



Application forms are available at DBRC and Club Siena.

Offering ISTD & RAD recognized Dance education by highly qualified teachers from all over the globe.

Trial classes available. Please call 29871571 for more details.

Funfit

Funfit Fall Term enrolment now open!

Period: Spring Term Apr 12 to Jun 14 2024

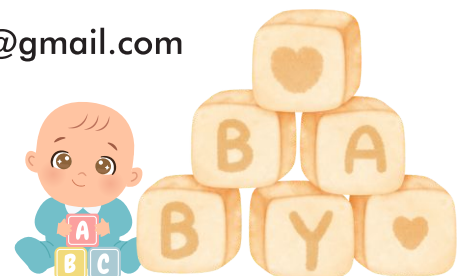


Little Steps (1-3 yrs) – ACCOMPANIED
Friday 9:30am to 10:30am

Wiggle Worms (From approx. 6 months) – ACCOMPANIED
Friday 11:15 am to 12:00 n.n

Application forms are available at DBRC and Club Siena.

For enquiries, phone Melissa on 63026327 or email: funfitdb@gmail.com



Limited Time Offer 限時優惠

DBRC FITNESS
MEMBERSHIP PACKAGES
愉景灣康樂會健身會籍

▶ 12 MONTHS
個月

FEE ~~(HK\$6600)~~
費用 HK港幣\$3000

+ HK \$1500 Upgrade to Premium Plan
港幣 升級至超值優惠計劃

▶ 24 MONTHS
個月

FEE ~~(HK\$13200)~~
費用 HK港幣\$4500

>>> Limited Quota Available 名額有限 <<<

☎ 2987 7381

✉ dbrc-membership@dbrc.hk

*Fitness Centre Membership is only applicable to eligible members of Discovery Bay Recreation Club
*健身會籍只適用於合資格的愉景灣康樂會會員

For more details



Happy Birthday!

New Birthday Offer

It's your Birthday, let's celebrate!

To celebrate your birthday, we are now offering you a brand-new birthday treat*, includes:

- \$100 Dinner Coupon
- Cake Redemption Coupon
- Holiday Breakfast Buy 1 get 1 Free Coupon
- Wine Redemption Coupon

Please redeem all coupons at club receptions** within your birthday month

讓我們一起慶祝您的生日!

為慶祝您的生日，我們很高興為您獻上全新生日禮遇*，讓您的生日更加特別和難忘，包括：

- \$100 晚餐禮券
- 蛋糕換領券
- 假日早餐買一送一換領券
- 紅/白酒換領券

請於生日月份前往會所前台換領**

*Only adult and senior members are eligible

*只適用於成人及長者會員

**Coupons can be redeemed at the receptions of both DBRC and Club Siena

**優惠券可於愉景灣康樂會及海澄湖畔會所前台換領

Download 下載 MessageSpring



1. 簡單介面，輕鬆查閱 User-friendly interface, easy to read



2. 即時接收重要資訊，例如 Instantly receive important information, such as

- 設施實時情況 Real-time status of facilities
 - 惡劣天氣預告 Adverse weather forecasts
 - 會所公告及活動 Club announcements and activities
- (更多內容將陸續推出 And more...)



3. 探索不同的主題及獨家優惠 Diverse topics and exclusive offers to explore

- 獨享優惠 Exclusive Offers
- 生日禮遇 Birthday Offers
- 餐飲優惠 Dining Offers
- 早鳥活動優惠 Early-bird Discounts



記得開啟“訊息通知”功能，隨時隨地掌握最新資訊及優惠

Remember to turn on the “Notification” function to instantly up to date with the latest information and offers

5月至6月
May – June

獨享優惠
Exclusive Privilege



Download Here
立即下載



(For iOS and Android)



由5月13日起，現有DBRC會員下載MessageSpring APP及訂閱「愉景灣康樂會」後，到D'Café惠顧指定夏日特飲，即可享半價優惠*。

From 13 May, current DBRC members who download the MessageSpring APP and subscribe to the “Discovery Bay Recreation Club” can enjoy a half-price discount* on a selected Summer Drink at D'Café.

優惠日期：5月13日至6月30日

Offer period: From 13 May to 30 June 2024

*優惠只限使用乙次及不能與其他優惠同時使用
The offer can only be redeemed once and cannot be used in conjunction with other promotion privileges

DB Definitely Best Singing Contest is back!

立即參加愉景灣第二屆歌唱比賽！



Discovery Bay presents the 2nd DB Definitely Best Singing Contest. Submit a self-introduction and performance video for the preliminary contest. Final judges include celebrated judge Mr. Brian Chow, music producer Mr. T-Ma, and veteran vocal coach Mr. Walton PUN Van Taylor. The champion will win a one-night stay at Auberge Discovery Bay Hong Kong and a chance to perform at TheNextWaveXX24 Beach Music Festival! The final stage will be held in the Amphitheatre at DB North Plaza on 1 June. Register now!

愉景灣第二屆DB Definitely Best歌唱比賽現接受網上報名！參賽者需提交自我介紹及表演影片進行初選。決賽評審包括星級評判周國豐、音樂製作人T-Ma馬敬恆和資深歌唱老師潘雲梯。冠軍可獲愉景灣酒店住宿TheNextWaveXX24沙灘音樂節的表演機會。活動旨在為本地音樂人才提供舞台。決賽將於6月1日假愉景北露天廣場舉行。歡迎立即報名！

Registration deadline 截止報名日期: 6/5/2024

Mom-velous Mother's Day at Discovery Bay

愉景灣甜蜜盛放母親節

Discover unique gifts at the Mother's Day Sunday Market on 12 May at DB Plaza! With over 80 local vendors showcasing handcrafted treasures, including fashion accessories, bouquets, and artisanal food. Enjoy music performance by The Jaywalkers. Moreover, from now until 12 May, spend HK\$600* or more at DB Plaza, D'Deck or DB North Plaza, and follow us on @visitdiscoverybay Facebook or Instagram, you can get a HK\$50 DB cash voucher.

5月12日蒞臨愉景廣場的母親節周日市集挑選母親節禮物！逾80個攤位展示各種手工時尚配飾、花束和食品等等。還有由The Jaywalkers帶來的音樂表演。此外，即日起至5月12日，於愉景廣場、D'Deck或愉景北商場消費滿港幣\$600*以上，並追蹤@visitdiscoverybay Facebook或Instagram，即可換領港幣\$50愉景灣禮券。



For details 活動詳情

Fitness Tips ●●●●

Know When To Weigh Yourself— And How Often

如何知道何時及多久稱體重？

The best time to weigh yourself is in the morning before eating or drinking. In addition, set a fixed time such as checking your weight once a week to get the most reliable numbers, and don't let yourself get frustrated with different results, as weight fluctuations are normal.

最佳稱體重時間為早上吃東西或喝水之前。另外，可定立一個固定的時間如每週檢查一次體重，以獲得最可靠的數字。切記不要讓自己因不同的結果而感到沮喪，因為體重波動是屬於正常情況。



Event For Fun

1 May – 31 May

Singaporean and Malaysian Food Promotion, D'Café

7 May

Bingo Night, D'Café

12 May

Mother's Day Bouquet D.I.Y. Workshop
Mother's Day Semi-Dinner Buffet, D'Café

21 May

Bingo Night, D'Café

1 June – 30 June

Singaporean and Malaysian Food Promotion, D'Café

4 June

Bingo Night, D'Café

16 June

Father's Day Photo Frame D.I.Y. Workshop
Father's Day Semi-Dinner Buffet, D'Café

18 June

Bingo Night, D'Café



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圖片只供參考

糰是喜悅 Glutinous Rice Dumplings

蛋黃鹹肉糰
Salted Pork, Preserved Egg Yolk
港幣HK \$78

蓮蓉鹼水糰
Lotus Seed Paste
港幣HK \$68

紅藜麥素糰
Red Quinoa
港幣HK \$68

歡迎堂食及外賣
Available for Dine-in and Takeaway

堂食價目需另收加一服務費
Dine-in prices are subject to 10% service charge





Your idyllic

HOME IN AN OASIS

Residential Packages

Whether you are staying for leisure or business, Auberge Discovery Bay Hong Kong offers you a private sanctuary embraced with breathtaking mountain or sea views.

Contact us for more value-added / tailored privilege to make your stay a memorable one.



Complimentary shuttle services to Sunny Bay MTR Station
Available on Sat / Sun and PH



Complimentary Wifi



25-minute bus ride to Airport



Outdoor swimming pool



25-minute ferry ride to Central



Gym facilities



AUBERGE
Discovery Bay Hong Kong
香港愉景灣酒店



AubergeDBay



For enquiries, please call (852) 2295 8288 or email enquiry@aubergediscoverybay.com

*Terms and conditions apply
*Price is subject to change without prior notice
*Price is inclusive of 10% service charge

Auberge Discovery Bay Hong Kong 88 Siena Avenue, Discovery Bay, Lantau Island, Hong Kong
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