

# CLUBTÍMES

#### **NOVEMBER & DECEMBER 2022**

#### www.dbrc.hk

Not a member yet? 還未成為會員? Call our membership hotline on 2987 7381 to learn more about our offers! 歡迎您隨時致電會員專線 2987 7381 了解各項會員優惠! Stav Connected with DBRC

DBRC Annual Tennis Championship is back, we'll also be rolling out our 2022 Membership Prepayment programme in December – an ideal opportunity to enjoy exclusive benefits, plus, we have special birthday offers for our adult and senior birthday stars...Come to the club and check out more!

Invite your nearest and dearest to D Café or Café Siena on Christmas Eve or Christmas Day to enjoy the scrumptious meals that we have specially prepared. Organising a festive party at home? Then order our Turkey & Carvings leaving you free to relax and entertain.

And let's not forget those in need. We have collaborated with The Hong Kong Down Syndrome Association for a Charity x Halloween Party, all proceeds were donated to support the underprivileged. And this December, we will hold a fundraising drive with another NGO partner - Watchdog. So, if you're struggling to find a special gift for a special friend, why not order a "Wear-Your-Smile Hoodie" or give them a charity coin box and support children with special educational needs?

We wish you have a Merry Christmas and Happy New Year!

一年一度的康樂會網球精英賽又回來了,2022 會員預繳計劃亦 將於十二月推出-為會員帶來額外優惠。此外,我們還為每月的 生日之星(成人及長者會員)加送特別生日禮遇...大家千萬不 要錯過!

是時候邀請至愛親朋在平安夜或聖誕日到 D Café 或 Café Siena 享用我們特別準備的美味佳餚。想在家舉辦節日派對?亦可訂 購我們的火雞及烤肉套餐,為您省卻功夫之餘,更讓您輕鬆地 享受派對之樂。

歡度節日的同時,讓我們也不要忘記那些需要關心及幫助的一 群。今年我們再次與合作多年的非牟利機構「香港唐氏綜合症 協會」合作 攜手舉辦萬聖節派對 當日全數收益撥捐慈善用途。 此外,今年十二月我們亦會和另一慈善機構「監護者」合辦籌 款活動。如果您正為朋友尋找一份特別的禮物,何不考慮購買 "Wear-Your-Smile"衛衣或監護者「小錢箱」,既有心思,又 可支持一班有特殊教育需要的小朋友們,絕對有雙重意義!

在此,祝大家聖誕及新年快樂!

The Management Team DBRC

years 商界展開復 CaringCompany Avaded by The Hose Scarcel decide Based Extended and Scale Revers Extended and Scale Revers



DB Recreation Club Tel: 2987 7381 Fax: 2987 9738 Email: dbrc-enquiries@dbrc.hk

**D'Café** Tel: 2500 1942 Café Siena Tel: 3156 7426 Club Siena Tel: 2987 7382 Fax: 3156 7488

onto	nanksg			20
Tur	key & Ca	rving O	rder Form	
	恩節火雞及	3烤肉訂	購表格	
Order Here	Place your or 由2022年11	ders from 8 - 月8日至11月2〕		
Name 姓名	Щеоге-рат,	Membership		
Contact No. 聯絡電話		Contact Emai	聯絡電郵	
Collection Date 到取日			ne 到取時間 (12noon to 9pr	n)
	lays in advance. 請於最少四 4 November 2022. 自取日期		11月24日。	
Pre-payme	ent Method	Credit to my m	embership account 從本人會	員賬戶記賬
預訂付		By cash (pay w	hen ordering) 現金繳付 (下單	司時確認付款)
(Please tick the bo	ox請"✓"合適方格)	By credit card (	pay when ordering) 信用卡 ( <sup>-</sup>	下單同時確認付款)
Roasted Turkey	y 燒火雞 (5 <del>-</del> 6Kg)			\$928
Includes Cranberry Sauc	e & Red Wine Gravy, withou	it stuffing 包括曼越莓	醬及紅酒燒汁,不包括釀餡	
Carving Order	烤肉			
Roasted N.Z. Rib	Eye Steak 燒紐西蘭牛肉即	艮扒 (4 - 4.5lbs)		\$880
Roasted N.Z. Leg	of Lamb 燒紐西蘭羊腿 (5	5.5lbs)		\$848
Roasted Gammo	n Ham 烤金門火腿			\$568
Sauces 醬汁				
Red Wine Gravy #	紅酒燒汁	oney Gravy 蜜糖燒	+	
Remarks 注意事項To confirm your order, please complete this form and return to D' Café at DBRC with payment.請填妥此預訂表格,交回愉景灣康樂會D' Café,並同時付款確認。After order is confirmed, no cancellation will be accepted or refund offered.確認訂單後,不設取消及退款。Guests of members will be charged a 15% service fee.會員賓客須另付15%服務費。				
Collection Time 提取 Collection Venue 提取 Hotline 查詢熱線: 250	双地點: 愉景灣康樂會 D' Ca	afé at DBRC	Member's Signature 會員簽名	Date 日期
Order Reference	Turkey	Carving		Sauces
	Turkey (no stuffing)	Roasted	N.Z. Beef Rib Eye Steak	Red Wine Gravy
			N.Z. Leg of Lamb	Honey Gravy
		Roasted	Gammon Ham	

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Collection Time \_\_\_\_\_

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# at D' Café

### 11 Nov & 25 Nov 2022

### 02 Dec & 16 Dec 2022

### JOIN A FUN FRIDAY NIGHT AND WIN THE JACKPOT!

- A minimum food & beverage charge of \$80 per person
- \$20 per ticket / game
- Maximum 2 cards per player

Guests of members will be charged a 15% service fee. 會員賓客需另加 15% 服務費。

For enquiries, please call: 2500 1942 如有查詢,請致電:2500 1942



	Place your ord		8 Dec 2022	A Contraction of the second seco
Name 姓名		Membership	No. 會員證號碼	
Contact No. 聯絡電記	ī	Contact Emai	↓聯絡電郵	
Collection Date 到取	日期	Collection Tir	ne 到取時間 (12noon to 9	pm)
	days in advance. 請於最少 eccember 2022 to 1 January		年12月17日 至 2023年1月1日	
預訂作	ient Method 寸款方式 box請"√"合適方格)	By cash (pay w	iembership account 從本人 hen ordering) 現金繳付 (下聲 (pay when ordering) 信用卡	單同時確認付款)
Includes Cranberry San Additional Ca	ey 燒火雞 (5 - 6Kg) uce & Red Wine Gravy, with rving Orders 西式烤 b Eye Steak 燒紐西蘭牛肉	肉	醬及紅酒燒汁,不包括釀餡	\$928 \$880
Roasted N.Z. Le	eg of Lamb 燒紐西蘭羊腿	(5.5lbs)		\$848
Roasted Gamm	on Ham 烤金門火腿			\$568
Sauces 醬汁	/紅酒燒汁	Honey Gravy 蜜糖燒	· 汗	
Remarks 注意事項	To confirm your order, plea 請填妥此預訂表格,交回愉景 After order is confirmed, no 確認訂單後,不設取消及退款 Guests of members will be 會員賓客須另付15%服務費。	灣康樂會D' Café,並同時付 o cancellation will be acce 。	pted or refund offered.	payment.
	<b>双時間: 12noon to 9pm</b> 取地點: 愉景灣康樂會 D' 500 1942	Café at DBRC	Member's Signature 會員簽名	Date 日期
Order Reference	Turkey Turkey (no stuffing)	Roasted	N.Z. Beef Rib Eye Steak N.Z. Leg of Lamb Gammon Ham	Sauces Red Wine Gravy Honey Gravy

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**Collection Time** 

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### **Christmas Eve Dinner Buffet**

### 24 Dec 2022 (Saturday)

Time: 6:00pm - 9:00pm

### Price: \$438 / Adult \$338 / Child (under 12 years old)

Guests of members will be charged a 15% service fee. 會員賓客須另付15%的服務費。

For enquiries or reservations, please call: 2500 1942 查詢或訂座,請致電: 2500 1942

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## 25 Dec 2022 (Sunday)

Christmas De Festive Lunch

Time: 12:00 noon - 2:30 pm

Price: \$168 per person

**Ox-tail Soup** 

**Roasted Festive Turkey, Cranberry Sauce** 

**Christmas Pudding** 

Guests of members will be charged a 15% service fee. 會員賓客需另加 15% 服務費。 For enquiries, please call: 2500 1942 如有查詢,請致電: 2500 1942

Café Siena Shabu Shabu

### Nov – Dec Specials 11月至12月限定

Shabu Shabu 洞洞鍋



## Angus Beef or Kurobuta Pork 安格斯牛肉 或 日本豚肉

### Accompanied with:

Inaniwa Udon, Narutomaki, Chikuwa, Enoki Mushroom, Black Mushroom, Baby Cabbage, Sweet Corn, Bean Curd and Carrot

伴:稻庭烏冬、鳴門卷、竹輪、金針菇、冬菇、

娃娃菜、甜粟、豆腐及甘筍

Additional Orders 追加食物:

\$158

per set

- Angus Beef / Kurobuta Pork 安格斯牛肉/日本豚肉 \$58 per order/一份
- Inaniwa Udon 稻庭烏冬 \$28 per order/一份

Guests of members will be charged a 15% service fee. 會員賓客需另加15%服務費。 For enquiries or reservations, please call: 3156 7426 查詢或訂座,請致電 3156 7426

Café Siena

# BIBBINER BUFFET

### 27 November 2022 (Sunday 星期日) 6:00pm - 9:00pm

Price: \$298 per Adult / \$198 per Child (under 12 years old)

Includes Salad bar, BBQ Items, Desserts, Unlimited Soft Drinks and House Beer

Guests of members will be charged a 15% service fee. 會員賓客需另加 15% 服務費。 For enquiries or reservations, please call: 3156 7426 查詢或訂座,請致電:3156 7426

Café Siena

Semi-Dinner Buffet

### 24 December 2022 (Saturday)

\$268/adult, \$198/child (under 12 years old) (Price includes Salad, Soup & Desserts)

Includes: A complimentary glass of house white or red wine for adults A complimentary glass of chilled fruit juice or soft drink for children

### Additional Main Course Choices

1	Grilled U.S. Prime Beef Rib Roasted Potatoes / Seasonal Vegg	,	HK\$90	
2	Pan-seared Norwegian Hal Mashed Potatoes / Seasonal Vegg		HK\$80	
3	Seafood and Chorizo Pasta Spaghetti / Prawns / Scallops / Mi		HK\$70	
4	Roasted Festive Turkey Roasted Potatoes / Brussel Sprou	ts / Gravy	HK\$60	
	Includes Fresh Brewed (	Coffee or Club Fine Tea		
	Guests of members will be charged a 15% service fee.     For enquiries or reservations, please call: 3156 7426 會員賓客需另加 15% 服務費。                  查詢或訂座,請致電:3156 7426			



# Christmas Festive Lunch

25 December 2022 (Sunday) 12:00noon - 3:00pm \$158 per person

Parma Ham and Mozzarella Salad

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Roasted Festive Turkey, Gammon Ham Red Wine Gravy

Christmas Pudding

Includes Fresh Brewed Coffee or Club Fine Tea

Guests of members will be charged a 15% service fee. 會員賓客需另加 15% 服務費。

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For enquiries or reservations, please call: 3156 7426 查詢或訂座,請致電: 3156 7426



## **2022 DBRC Annual Tennis Championships**

### 5 – 27 November 2022 (Every Saturday and Sunday)

### **DBRC Tennis Court**

### **For Members Only**

Events	Junior Events
1. Men's Open Singles	1. Singles U10 (Green Ball)
2. Women's Open Singles	2. Singles U12
3. Men's Open Doubles	3. Singles U14
4. Women's Open Doubles	4. Singles U16
5. Mixed Open Doubles	5. Doubles U8 (Orange Ball)
6. Men's Legends Singles	6. Doubles U10 (Green Ball)
7. Women's Legends Singles	7. Doubles U12
8. Parent / Child Doubles U10 (Green Ball)	8. Doubles U14
9. Parent / Child Doubles U14 (Yellow Ball)	9. Doubles U16

More information please contact Mr. Ajit Gidwani

info@forwardmotionhk.com

Sponsors





Discovery Bay

Fun Da

club siena

Christmas

Date: 17 Dec 2022 (Saturday) Time: 3:00pm - 5:00pm Age: 3 - 8 years Venue: Club Siena Lobby

#### **Price:**

Members

**\$90 Early bird price** (Enrol before 30 Nov) **\$110 Normal price** 

**Non-Members** 

\$120 Early bird price (Enrol before 30 Nov) \$140 Normal price

- 1. Art & Craft Workshop
- D.I.Y Christmas tree bauble
- D.I.Y Pom-Pom Christmas tree craft
- 2. Photo Booth



**Enrol Here** 

Enrolment Deadline: 10 Dec 2022 For Enquiries: 2981 7381



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Discovery Bay

# Mid-Autumn Party +<sup>+</sup>

10 September 2022







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# **Charity x Halloween Party 2022**

















# **Musical Instruments lessons**

• Electric Guitar/Acoustic Guitar/Classical Guitar/Ukulele/ Saxophone/Trumpet/Clarinet/Flute/Piano/12-string baby Harp

(5 years old or above)

• jSax/Mini-Keyboard/Ukulele/Piano/12-string baby Harp (3 years old or above)

Club Siena / Tuesday / 3:00pm - 9:00pm Club Siena / Thursday/ 3:00pm – 9:00pm Club Siena / Saturday/ 12:00noon - 6:00pm Contact Mr Simon Leung 梁老師 9131 2915 (WhatsApp & Voice Call) woodwindstation@gmail.com

# **Art and Craft lessons**

### Creative Art and Craft A (Age: 5 - 15) 3:30pm-4:30pm

• Creative arts lesson with oil pastels, watercolours, sketching, oil paints and different recycled materials.

### Creative Art and Craft B (Age: 5 - 15) 4:30pm-5:30pm

 Includes sketching, drawing, painting and making artworks from recycled materials.

### Mini Craft with Clay (Age: 5 - 15) 5:30pm-6:30pm

• Making artworks with modeling clay, paper clay, light clay, etc.

### **Every Thursday at Club Siena**

### All materials are included in the course fee.

For course details, please contact: Cathie Wong M: 5444 1224 Email: Foxycircle2013@gmail.com









# **Gymnastics**

### Come join the new term programme!

### 29 Aug 2022 - 20 Jan 2023

**Classes: Mon & Fri** Aged 3 years old and above (All levels) Location: Club Siena Dance Studio

Sportsmanship Gymnastics welcomes healthy and well-behaved Gymnasts with positive energy. See you soon!

Application forms available at DBRC and Club Siena. For course details, please email Charles Chan Sportmanshiphk@gmail.com







# **NEW!** Mermaid Dance in Discovery Bay!

MOP is a pioneer in teaching Mermaid Dance. Dedicated to promoting healthy living, we inspire children and adults, giving them the courage to make dreams come true.





### New term Nov - Dec 2022 **Trial Class and Regular Course available**

Age: 4-12 (All levels) Private lessons for adult also available **Location: Club Siena Indoor Pool** 

Application forms available at DBRC and Club Siena. For course details, please contact: Iris WhatsApp: 6252 3138



### Christmas Fundraising Drive With Watchdog

#### Order a "Wear-Your-Smile Hoodie" or buy a charity coin box to support Children with Special Needs

Last year, DBRC held a fundraising drive for Watchdog, this year we continue to fundraise for this charitable organisation which provides early intervention, education and therapy for English and Cantonese-speaking pre-school children with Special Education Needs (SEN).

Order the "Wear-Your-Smile Hoodie" by scanning the QR code **before 30 November**, to support this worthy cause or come buy a Coin Box at DBRC reception to support Watchdog's wonderful work.



### 預購「微笑」衛衣或購買「小錢箱」, 支持特殊教育需要兒童

上年愉景灣康樂會與「監護者」共同舉辦了一項籌款活動,今年我們將會繼續通過籌款和慈善義賣,以支持這個為有特殊需要的英語和粵語學前兒童,提供密集和 全面早期教育的慈善組織。

誠邀您於11月30日前預購「微笑」衛衣(掃描二維碼) 或到愉景灣康樂會接待處購買監護者「小錢箱」,以支 持「監護者」為有特殊需要的兒童及早提供治療!







### About Watchdog:

Order Here

Founded in 1983, Watchdog Early Education Centre provides classroom instruction and individual therapy services including Physiotherapy, Occupational therapy, Speech therapy, Music therapy, Yoga therapy and special needs teachers training in both English and Cantonese preschool students. The largest single diagnosis of students attending Watchdog is Autism Spectrum Disorders (ASD). Other diagnosis include Down's Syndrome, Cerebral Palsy, Global Developmental Delays and Attention Deficit Hyperactivity Disorder.

監護者早期教育中心成立於1983年,致力為操英語及廣東話有特殊教育需要的學前兒童,提供語言治療、職業治療、物理治療、 音樂治療、瑜珈治療及小組或獨立特殊教育課程。「監護者」的 兒童大部份被診斷有自閉症,其餘兒童則患有唐氏綜合症、大腦 麻痺、發展遲緩或專注力失調及過度活躍症等。

## **Fitness Tips**

Want to have enough energy both at the start of a workout and to recharge and restore your body and muscles afterwards? Then ensure your pre- and post-workout meals are no more than five hours apart.

為了要讓健身前有足夠能量及讓健身後能重新補充體力、修復肌肉,健身前/後飲食不應該 間隔超過5個小時。



1 Nov – 31 Dec	Shabu Shabu, Café Siena
11 Nov	Bingo Night, D' Café
25 Nov	Bingo Night, D' Café
27 Nov	BBQ Dinner Buffet, Cafe Siena
2 Dec	Bingo Night, D' Café
16 Dec	Bingo Night, D' Café
17 Dec	Christmas Fun Day, Club Siena
24 Dec	Christmas Eve Semi-Dinner Buffet, Cafe Siena
24 Dec	Christmas Eve Dinner Buffet, D' Café
25 Dec	Christmas Day Festive Lunch, D' Café
25 Dec	Christmas Festive Lunch, Cafe Siena



### BECOME A DBRC MEMBER NOW! 立即成為愉景灣康樂會會員!

Enjoy special offers with our prepayment scheme. 凡參與預繳計劃,即可獲贈以下特別優惠。

- Adult Members 成人會員 (HK\$800 x 12 months/月 = HK\$9,600)
- Complimentary HK\$500 Food & Beverage coupon plus HK\$500 Facilities credit 獲贈港幣\$500餐飲禮券及港幣\$500康樂設施賬額
- 2 One FREE body assessment with 'In-body Test' (value at HK\$200) 免費試用一節「In-body測試」身體評估 (價值港幣\$200)
- Free use of Fitness Centre & Weight Room for ONE month (value at HK\$550) 一個月免費享用健身中心 (價值港幣\$550)
- Free admission to one public skating session at DB Ice-Rink (value at HK\$80) 免費參加一節愉景灣溜冰場公眾溜冰時段 (價值港幣\$80)

\* DBRC members may bring their friends to Ice Rink with HK\$10 off on original ticket price for two accompanied guests. 偷景灣康樂會會員可携親友一同使用溜冰場入場票·而其中兩位同行人士可享港幣10元折扣優惠。

#### With a total value of HK\$1,830 價值港幣\$1,830

Senior Members 長者會員 (HK\$300 x 12 months/月 = HK\$3,600)

 Complimentary HK\$200 Food & Beverage coupon plus HK\$200 Facilities credit 獲贈港幣\$200餐飲禮券及港幣\$200康樂設施賬額
Café Siena Afternoon Tea Set (value at HK\$20)

2 Café Siena Afternoon Tea Set (value at HK\$80) 特色下午茶套餐 (價值港幣\$80)

#### With a total value of HK\$480 價值港幣\$480

**Don't delay!** Complete the relevant forms now and submit by 31 Dec 2022. For more details, visit www.dbrc.hk.

心動不如行動,立即填妥有關表格並於二零二二年十二月三十一日前遞交申請。 如需了解有關預繳計劃詳情,可瀏覽會所網頁 www.dbrc.hk。



Adult Members Pre-payment Form 掃瞄並查閱成人會員預繳表格



Senior Members Pre-payment Form 掃瞄並查閱長者會員預繳表格

For enquiries, please call: 2987 7381 to contact Membership Department 如有查詢,請致電 2987 7381 與會籍部聯絡

Terms & Conditions Apply 優惠受條款及細則約束



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# CHRISTNAS PARTY TAKEAWAY

Order can be made with Auberge Discovery Bay Hong Kong between 15 November and 27 December 2022.

Please WhatsApp us at 6317 3559 or email to cafe@aubergediscoverybay.com for details.

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