

# CLUB TiMES

MARCH & APRIL 2022

[www.dbrc.hk](http://www.dbrc.hk)

**Not a member yet?**

**還未成為會員?**

Call our membership hotline  
on 2987 7381 to learn  
more about our offers!

歡迎您隨時致電會員專線 2987 7381，  
了解各項會員優惠!

Join  
Us!

We're living in challenging times with a fifth wave of Covid upon us. The situation is changing day by day. Please stay home as much as possible, rest up and keep healthy. To make life easier, you can buy nutritious takeaway food from D'Café.

Meanwhile, we are keeping the club spic and span with even more rigorous cleaning. Be assured that we're doing everything to provide a safe and healthy environment for our members.

To comply with the latest government measures, you must scan the 'LeaveHomeSafe' QR code on your mobile phone app and present your vaccination record before entering the club.

Thank you as always for your support and understanding. Let's all stay optimistic and practice good hygiene. The current covid crisis will pass and better days lie ahead.

面對第五波疫情，我們面臨前所未見的挑戰，情況亦在急劇變化。請盡量留在家中休息，保持健康。令生活輕鬆一點，您可以從我們的 D'Café 購買營養豐富的外賣食品。

同時，我們一直加強清潔消毒以保持會所整潔，致力為會員提供一個既安全又健康的環境。

為遵守政府最新防疫措施，會員及賓客必須於進入會所前掃描「安心出行」手機應用程式二維碼，並出示您的疫苗接種記錄。

在這艱難的時刻，感謝您一如而往的支持和理解。讓我們都保持樂觀的心境，維持良好個人衛生習慣。待疫情過去，更好的日子就在眼前。

The Management Team  
DBRC



Stay Connected  
with DBRC

**DB Recreation Club**

Tel: 2987 7381

Fax: 2987 9738

Email: [dbrc-enquiries@dbrc.hk](mailto:dbrc-enquiries@dbrc.hk)

**D'Café**

Tel: 2500 1942

**Café Siena**

Tel: 3156 7426

**Club Siena**

Tel: 2987 7382

Fax: 3156 7488





3月至4月限定  
March to April  
Specials

# Noodle Feast

Chicken Noodles Soup with Fish Maw

棉花嫩雞陽春麵

\$108

Vietnamese Beef Noodles Soup

(Angus Beef Slices, Beef Brisket, Beef Omasum,  
Beef Balls and Turnips)

越式火車頭

(安格斯牛肉、牛腩、牛拍葉、牛丸及蘿蔔)

\$108

Japanese Kurobuta Pork with Soba Miso Soup

日式吉列黑豚豬扒味噌湯蕎麥麵

\$98

Korean Kimchi and Pork Belly with Vermicelli Soup  
(Fungus, Needle Mushrooms)

韓式泡菜腩肉湯粉絲

(木耳、金菇)

\$98



# Happy Birthday!

**It's your Birthday, let's celebrate!!**

**Exclusive Dining Coupons\***  
will be offered to our Birthday Members.  
Please redeem your coupons at Club Receptions\*\*  
within your birthday month

**讓我們一起慶祝您的生日!!**

**專享餐飲優惠券\***  
贈送給我們的生日會員。  
請於生日月份前往會所前台換領\*\*

\* Only adult and senior members are eligible  
\* 只適用於成人及長者會員

\*\* Coupons can be redeemed at receptions of both  
DBRC & Club Siena

\*\* 優惠券可於愉景灣康樂會及海澄湖畔會所前台換領





# SUNDAY BREAKFAST



## BREAKFAST SET 早餐

### American Breakfast 美式早餐

Two Farm Eggs (Sunny side up or Scrambled) /  
Crispy Bacon / Pork Sausage / Baked Beans /  
Hash Brown / Brown Toast / Butter & Jam / Garden Greens

鮮雞蛋兩隻(太陽蛋或炒蛋) / 脆煙肉 / 豬肉腸 / 焗豆 /  
炸薯餅 / 麥多士 / 田園沙律

**\$98**

### Local Breakfast 香港特色

Needle-shaped Noodles Soup  
Minced Pork / Preserved Vegetables  
Pan-fried Pork Dumplings /  
Fried Dried Shrimp Rice Flour Rolls

豬肉碎冬菜湯銀針粉 / 煎豬肉餃子 / 煎蝦米腸粉

**\$88**

### Continental Delights 歐陸風味

Fish Cutlet / Black Truffle Scrambled Egg /  
Brown Toast

吉列炸魚柳 / 黑松露炒蛋 / 麥多士

**\$98**



Photo is for reference only  
圖片只供參考



## YOUR OWN BREAKFAST 自選早餐

Select One from each Column  
每項請選一款

Mini Cereal Croissant / Mini Muffin /  
Sour Dough Rye Vienna / Brown Toast

迷你穀物牛角包 或 迷你蛋糕仔 或  
天然酵母黑麥維也納麵包 或 麥多士

Scrambled Egg / Two Farm Eggs (Sunny side up) /  
Boiled Eggs

炒蛋 或 煎太陽蛋 或 烩蛋

Crispy Bacon / Pork Sausage /  
Luncheon Meat / Smoked Gammon Ham

脆煙肉 或 豬肉腸 或  
厚切午餐肉 或 煙火腿

Instant Noodles /  
Macaroni Pork Bone Broth /  
Vermicelli Chicken Soup  
日清公仔麵 或 豬骨湯通心粉 或 雞湯米粉

**\$108**

Breakfast Sets include  
Fresh Fruits, Chilled Juice,  
Coffee and Club Fine Tea  
以上早餐可享新鮮水果,  
果汁, 咖啡及茶

## ADDITIONAL OFFERS 追加食物

Corn Flakes with Fresh Milk 粟米片配鮮奶 \$12

Mövenpick Yogurt 瑞士乳酪 \$12

\* Fresh Fruits, Chilled Juice, Coffee and  
Club Fine Tea 新鮮水果, 果汁, 咖啡及茶  
\$58 / person 位

Available from 9am to 11:30am,  
EVERY SUNDAY  
(Last Order - 11:15am)  
逢星期日早上9:00 - 11:30供應  
(最後下單時間 - 早上11:15)

Guests of members will be charged a 15% service fee  
會員賓客須另付15%服務費

For enquiries, please call:  
如有查詢, 請致電 **2500 1942**



Café Siena

3月至4月限定  
March to April  
Specials

# 鐵板美饌 Sizzling Delights

Grilled Pork Chop with Veal Sausage  
鐵板豬扒拼牛仔肉腸

\$168

Grilled Chicken Steak with Deep-Fried Fish Cutlet  
鐵板雞扒拼吉列炸魚柳

\$148

Grilled U.S. Angus Beef Sirloin Steak  
鐵板美國安格斯西冷牛扒

\$228

All Sizzling Dishes are served with Grilled Tomato, Seasonal Vegetables, French Fries, Spaghetti or Steamed Rice, and Bordelaise Sauce  
以上鐵板伴以扒番茄、時蔬、薯條、意粉或香苗配紅酒燒汁

Please allow 20 minutes preparation time  
食物製作需時二十分鐘

Add \$10 to enjoy a cup of coffee or fine tea  
另加 \$10 享用咖啡或茗茶

Guests of members will be charged a 15% service fee  
會員賓客須另付15%服務費

For enquiries, please call: 2500 1942  
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# 2021 Tennis Championships Results

## Trophy Events

Event	Champions	Runners Up
Men's Open Singles	Carl Loeffler	Jeff Zeng
Men's Open Doubles	Robert Haitink & Florian Hedreul	Carl Loeffler & Jeff Zeng
Women's Open Doubles	Rebecca Williams & KyokoFuno	Ann Whittle & Suda Allardice
Mixed Open Doubles	Florian Hedreul & June Chotikachinda	Anderson Chan & Amy Wu
Men's Legends Singles	Ian Marr	Peter Richter
Men's Challenger Singles	Alexandre Ahmadi	Francis Sy-Siong
Women's Challenger Singles	Rosie Chen	Natalia Peyon
Men's Challenger Doubles	David Lake & Sanjiv Kashyap	Girish Nair & Gavin Cross
Women's Challenger Doubles	Demi Miao & Yuhong Liu	Pheona Lei & Elsie Dean
Parent Child Double U14	Vittoria & Federico Vaccari	Parth & Pushkar Sane
Parent Child Double Under 10 years old	Lewis & Paul Ketterer	Ida-Li & Oskar Skioeld

## Junior Trophy Events

Event	Champions	Runners up
Under 14-years-old Singles	Parth Sane	Yelena Bracovic
Under 12-years-old Singles	Parth Sane	Kabir Mirza
Under 10-years-old Singles	Jamie Chen	Lewis Ketterer
Under 14-years-old Doubles	Parth Sane & Jamie Chen	Kabir Mirza & Kingsley Lam
Under 12-years-old Doubles	Kabir Mirza & Aaran Kotecha	Parth Sane & Jamie Chen
Under 10-years-old Doubles	Lewis Ketter & Milan Van Dommelen	Angus Holand & Dening Ouyang
Under 8-years-old Doubles	Sophia Lopes & Kenzo Clode	Ella O'Maonaigh-Lennon & Alisa Dampier

## Plate Events

Event	Champions	Runners Up
Men's Open Singles Plate	Ferran Tadeo	Stephan Evenord
Men's Open Doubles Plate	Paddy Cheng & Kent Wong	Richard Burbidge & Jack Clode
Women's Open Doubles Plate	Patsy Chau & Wing Ki Tam	Ollyvia Postacchini & Ruche Bhav
Mixed Open Doubles Plate	Kenta Katsumata & Saeko Katsumata	Parth Sane & Grace Ko
Men's Legends Singles Plate	Lester Alvis	Ross Langley
Men's Challenger Singles Plate	Bogdan Mandache	Ryan Morais
Women's Challenger Singles Plate	Demi Miao	Ruche Bhav
Men's Challenger Doubles Plate	Byung Ha Kim & Marvin Ng	Pravin Pillai & Ryan Morais
Women's Challenger Doubles Plate	Bashuli Sane & Madeline Vejbaage	Susan Walter & Kim Yoo Jung
Parent Child Double Under 14-Years-Old Plate	Sadie & Ian Marr	Alex & Jae Lee
Parent Child Double Under 10-Years-Old Plate	Sofia & Raphael Lopes	Jisu & Peter Kang

## Junior Plate Events

Event	Champions	Runners Up
Under 14-Years-Old Singles Plate	Artus De La Grandiere	Alex Lee
Under 12-Years-Old Singles Plate	Matteo Gualandi	Kelvin Champion
Under 10-Years-Old Singles Plate	Sofia Lopes	Sakura Panckhurst
Under 14-Years-Old Doubles Plate	Sebastian Lyons & Arjan Alvis	Ella Cheng & Sarah Zhang
Under 12-Years-Old Doubles Plate	Jamie Watson & Alec Williams	Bella Haitink & Lilly Haitink
Under 10-Years-Old Doubles Plate	Elias Gualandi & Kai Lyons	Ida-Li Skioeld & Amalia Goossens





# Come join the new term program!

Sportsmanship Gymnastics welcomes healthy, hardworking gymnasts with positive energy. See you soon!

**Classes:**  
**Mondays  
& Fridays**

**Age:**  
**3 years old  
and up  
(all levels)**

**Location:**  
**Club Siena  
Dance  
Studio**

For course details, please email Charles Chan at: [Sportmanshihk@gmail.com](mailto:Sportmanshihk@gmail.com)



# ISLAND DANCE

2022 term now open for registration

**Ballet**

**Freestyle  
/Hip-Hop**

**ArcoDance**

Island Dance has been teaching dance and instilling confidence through performance to the children of Discovery Bay for over 25 years!

Dance Styles taught include ISTD Disco Freestyle, ISTD Hip Hop, RAD Ballet, Contemporary, Jazz and Tap.

Five Professional Diverse and Talented teachers teaching 6 days a week at DBRC & CLUB SIENA  
We welcome all ability levels and beginners. Sibling discounts available.

**Application forms available at DBRC and Club Siena.**

Offering ISTD & RAD recognized dance education by highly qualified teachers from all over the globe.  
Trial classes and Sibling Discounts available. Please call **2987 1571** for more details.



# Table tennis

45-minute sessions

## Beginners

1-person session  
HK\$180

2-person session  
HK\$130

## Intermediate

1-person session  
HK\$350

2-person session  
HK\$240

## Advanced

1-person session  
HK\$560



## Musical Instrument Lessons

1. Electric Guitar/Acoustic Guitar/Classical Guitar/Ukulele/  
Saxophone/Trumpet/Clarinet/Flute/Piano  
(For age 7 years old or above)

2. J Sax/Dood/Toot/Mini-Keyboard/Ukulele/Piano  
(For age 6 years old and below)

Club Siena / Tuesday / 3:00 pm - 9:00 pm

Club Siena / Thursday / 3:00 pm - 9:00 pm

Contact:

Mr Simon Leung 梁老師

9131 2915 (WhatsApp & Voice Call)

Email: [woodwindstation@gmail.com](mailto:woodwindstation@gmail.com)





# HAPPY CHINESE NEW YEAR!!





# Recruiting New Service Providers

We're now looking for partners to help teach the following classes / activities:

- |                            |                   |
|----------------------------|-------------------|
| 1. STEM / Science Workshop | 5. Kickboxing     |
| 2. Netball                 | 6. Mini-rugby     |
| 3. Baby-sitting/ playgroup | 7. Art Class      |
| 4. Yoga                    | 8. Judo/ Taewondo |

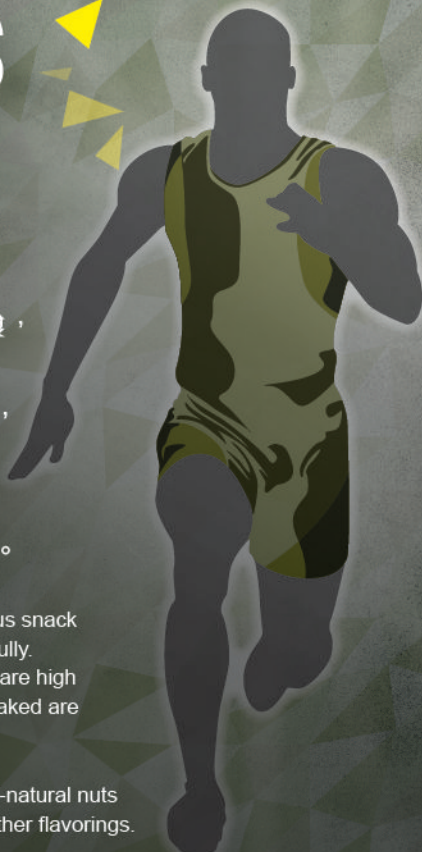
Interested parties should send their CV and proposal to  
**[dbrc-lessons@dbrc.hk](mailto:dbrc-lessons@dbrc.hk)**

## Fitness Tips

**堅果**可當作健康零食，但要細心選擇。如鹽焗的、蜜糖焗的，都是高鈉高糖食物，最好還是選擇原味無添加及低鈉的產品。

**Nuts** are a healthy, nutritious snack – but you must choose carefully. For example, salt-dried nuts are high in sodium, whereas honey-baked are high in sugar.

It's always best to choose all-natural nuts that are low in sodium and other flavorings.



## Event For Fun

**1 Mar – 31 Mar** Member Privilege - GUERLAIN Special Offer

**1 Mar – 31 Dec** Peony Yearly Dine-in Offer for DBRC members

**1 Mar – 30 Apr** Noodles Feast, D' Café

**1 Mar – 30 Apr** Sizzling Plate Delights, Café Siena



# Membership Notice



As well as the COVID virus, the world is also facing the challenge of climate change. We all need to save energy by using it more efficiently. Following on from last year's support of WWF, both Discovery Bay Recreation Club and Club Sienna will again participate in the "Earth Hour" switch off, extending it this year to 101 minutes from 8:30pm - 10:11pm. During this period, we will switch off all non-essential lights in both clubs to draw attention to climate change and the need to help save our planet.

除了疫情，氣候變化也是近年全球共同面對的挑戰，需要我們一同節約使用能源及推動能源效益。秉承去年對世界自然基金會(WWF)支持，愉景灣康樂會及海澄湖畔會所均繼續參與「地球一小時」熄燈行動，並延長活動時間至101分鐘，由晚上八時三十分開始直至十時十一分。期間會所內非必要用途及裝飾燈將會關掉，藉此鼓勵大眾關注氣候變化，一同為守護美麗的地球出一分力。



## DBRC COVID-19 Safety Measures

### 愉景灣康樂會抗疫安全措施



Since the outbreak of COVID-19, DBRC has never slackened in the fight to contain the virus. We have introduced various cleaning measures to improve air circulation, provided extra disinfectants for deep cleaning, and applied antimicrobial coatings for long-lasting disinfection throughout our restaurants and facilities.

To ensure the safety of all staff and members, Rapid Antigen Test (RAT) kits have been distributed to front-line staff to self-test daily. Before attending work each day, they must first submit a negative result.

We will continue doing our very best to protect everyone. Let's all keep fighting the virus.

疫情以來，愉景灣康樂會在防疫方面一直沒有鬆懈，先後推出多項清潔及抗疫措施，包括會所內增設空氣淨化機，加強空氣流通；增購清潔消毒液以進行每日徹底清潔及消毒；使用抗菌塗層為餐廳及設施進行持久有效的消毒。

此外，為保障員工及會員的安全，康樂會已派發快速抗原測試套裝，讓前線員工每天自我檢測，並需要在結果呈現陰性後方可上班。

康樂會將竭力保護員工及會員，全力抗疫。







## 晚市外賣自取8折

20% OFF on Dinner Takeaway Orders

愉景灣康樂會會員堂食特別優惠:

直至2022年12月31日, 星期一至五享有 **9折** 優惠\*

Special Dine-in Offer to DBRC Members

**10%** OFF on food items from Monday to Friday,  
from now through to 31 December 2022

For Enquiries & Reservations: 2215 0833 / [reservation@dbpeony.com](mailto:reservation@dbpeony.com)

\*不適用於特別日子, 只供堂食  
\*Black-out dates apply, for dine-in only



Photos are for reference only

