



# CLUBTIMES

Jul & Aug 2024 www.dbrc.hk

Not a member yet? 還未成為會員? Call our membership hotline on 2987 7381 to learn more about our offers! 歡迎您隨時致電會員專線 2987 7381 了解各項會員優惠! Stay Connected with DBRC

It's time for us to welcome the joyful and exciting summer holiday season! We have prepared a range of vibrant activities and delectable delicacies, eagerly anticipating your participation with family and friends.

In response to the government's "Sports For All Day" initiative, we have specially launched the DBRC "Sportastic Day 2024", offering free sports facilities exclusively for DBRC members, to encourage everyone to actively participate in various sports and enjoy the happiness and health that exercise brings. In addition, the popular annual summer highlight, "Amazing Splash 2024" is returning in August, featuring thrilling water bomb battles and various water sports competitions - definitely bringing endless fun for the children!

Beside these exciting activities, we have also prepared a series of unique and delicious summer specialty dishes for you. The fragrant and aromatic noodle soups, as well as the unique dishes made from the fresh lemongrass we grow ourselves, will surely surprise and delight you. Finally, on the scorching summer days, enjoy our signature refreshing and cooling beverages, adding a touch of coolness to your experience.

This summer, join us in experiencing the passion and vitality of the season, and let us together embark on an unforgettable and wonderful holiday adventure!

夏日炎炎,是時候讓我們一起迎接充滿歡樂和令人興奮的暑假時 光!我們精心準備了一系列精彩繽紛的活動和美味佳餚,期待著 您和家人朋友一起來參與和品嚐。

為響應政府的「全民運動日」,我們特別舉辦了「愉」眾同 「樂」運動日2024,免費開放會所運動設施給會員享用,以鼓 勵大家積極參與各項運動,享受運動帶來的快樂與健康。此 外,每年最受小朋友歡迎的夏日活動「Amazing Splash 2024」 即將於8月回歸,屆時將有精彩刺激的水彈大戰和各種水上競技 賽事,絕對能讓小朋友樂在其中!

除了精彩的活動,我們還為您準備了一系列獨特美味的夏日特 色美食。香氣四溢的特色湯麵,以及由我們自家種植的新鮮香 茅炮製而成的風味佳餚,絕對會讓您驚喜連連。最後在炎熱的 夏日裡,品嚐特色清爽消暑特飲,定必為您添上一絲涼快。

今個夏天,與我們一同感受夏日的熱情與活力,共同渡過一個 精彩的假期!

The Management Team **DBRC** 





**DB Recreation Club** Tel: 2987 7381 Fax: 2987 9738 Email: dbrc-enquiries@dbrc.hk Club Siena Tel: 2987 7382 Fax: 3156 7488





Dates 9, 23 July & 6,20 Aug 2024 (Tuesday)
Time: 8:00pm sharp

COME JOIN US FOR A FUN TUESDAY NIGHT AND WIN THE JACKPOT!





- HK\$20 per ticket/ game- Maximum 2 cards per player



Guests of members will be charged a 15% service fee.
For enquiries, please call: 2500 1942











- 1 Japanese Inaniwa Udon Soup with Prawn and Crab Meat (Soft-boiled Egg, Crab Roe, Kombu Soup) 日式大蝦蟹肉稻庭烏冬 (溏心蛋,蟹籽,昆布湯)
- 2 Vietnamese Beef Noodle Soup (Angus Beef Slices, Beef tender, Beef Ball, Beef Omasum & Turnip) 越式火車頭 (安格斯牛肉, 牛筋, 牛丸, 牛柏葉及蘿蔔)
- 3 Chicken Noodle Soup with Fish Maw \$138 棉花雞陽春麵
- 4 Kurobuta Pork Chop Cutlet Rice Vermicelli \$128 (Fried egg, Homemade Tomato Soup) 吉列黑豚豬扒湯米線 (煎蛋,鮮番茄湯)

Guests of members will be charged a 15% service fee. 會員賓客須另付15%的服務費。

For enquiries, please call: 2500 1942

如有查詢請致電: 2500 1942

Photos is for reference only 圖片只供參考











1	Hokkien Prawn Noodle Soup	\$148
	福建蝦湯麵	

- Vietnamese Beef Noodle Soup
   (Angus Beef Slices, Beef Brisket, Beef Ball,
   Beef Omasum & Turnip)
   越式火車頭
   (安格斯牛肉,牛腩,牛丸,牛柏葉及蘿蔔)
- 3 Chicken Noodle Soup with Fish Maw \$138 棉花雞陽春麵
- 4 Thai Minced Pork Noodle Soup with Fried Egg \$128 泰式肉碎煎蛋湯麵

For enquiries, please call: 2500 1942

如有查詢請致電: 2500 1942

Photos is for reference only 圖片只供參考





Discovery Bay

# DBRC "SPORTASTIC DAY 2024"

4.8.2024 (Sunday 星期日)

Discovery Bay Recreation Club 愉景灣康樂會

Complimentary Use of Sports Facilities Exclusively for DBRC Members 偷景灣康樂會會員免費使用運動設施

(Free Opening Hour 免費開放時間: 早上7:00am - 晚上10:00pm)

Sports facilities will be available for booking from the following dates: 運動設施將於以下日期起開始接受預訂

是到欧洲小人 一口初起所为这人玩的				
28.7.2024	2.8.2024			
Squash Courts 壁球場	Tennis Courts 網球場			
Squasii Courts 至外物	Cricket Net 木球練習場			
T-bl- T:- D	Snooker Room 桌球室			
Table Tennis Room 乒乓球室	Pickleball Court 匹克球場			

Facilities booking could be made directly at DBRC or by phone 2987 7381 可親臨康樂會預訂設施或致電 2987 7381

#### Trial class 課程體驗班

Table Tennis Trial class 乒乓球體驗班

上午11:00am - 下午1:00pm

Time 時間

Venue 地點 Table Tennis Room 乒乓球室

Starting from 15 July 2024, please scan the QR code for the Table Tennis Trial Class registration For more details, please send email to dbrc-lessons@dbrc.hk

由7月15日起,掃瞄二維碼報名登記乒乓球體驗班 查詢詳情,請電郵至dbrc-lessons@dbrc.hk

(Confirmation letter will be sent via email on or before 2 Aug 2024) (確認信將於2024年8月2日或之前以電子郵件形式發送)



Scan to register 報名登記

#### Terms and Conditions 條款及細則:

- 1.Complimentary sports facilities include fitness center, weight room and swimming pool at DBRC. 免費運動設施包括康樂會健身室、舉重室和室外游泳池。
- 2.Complimentary sports facilities are on a first-come-first-served basis. 免費運動設施以先到先得方式預訂。
- 3. Members are required to present the valid Discovery Bay Recreation Club membership card when making a reservation. 會員預約時,需出示有效偷景灣康樂會會員證。
- 4.Each person can book only one sports facility and one session at the same time. 每人每次同時段只限預訂一節運動設施。
- 5.Member's guest will be subjected to a member's guest entrance fee. 會員賓客須另付會員賓客入場費。
- 6.In case of any dispute, Discovery Bay Recreation Club reserves the right of final decision. 受條款與細則約束,如有任何爭議,愉景灣康樂會保留最終決定權。





2024.7.1-8.37 Bowling Alley Buy 1 Get 1

> 保齡球時段 買一送一

第三章 2024.8

Pop-up Candy
Game Booth

糖果遊戲 快閃攤位

offer #3

第四彈

2024.8.4

"Sportastic Day 2024" 「愉」眾同「樂」運動日

**Complimentary Use** 

of Sports Facilities

免費使用

運動設施



第二彈

2024.7.8-8.37

50% discount

on a second order of
Afternoon Tea Set

for MessageSpring Members MessageSpring 會員

享半價追加第二份

Offer #7

第五彈

**AMAZING SPLASH** 

2024

Offer

And More更多...

Events details will be announced in the future. 活動詳情及細則,請留意往後公佈。

Terms and conditions apply. In case of any dispute, Discovery Bay Recreation Club reserves the right of final decision. 受條款與細則約束,如有任何爭議,愉景灣康樂會保留最終決定權。







Discovery Bay



7.2024 - 8.2024

Pay I hour and enjoy an extra hour for FREE 只須付1小時場租,即可使用2小時保齡球場

- 1. Bowling alley opening hour from 10:00 to 22:00, last session at 20:00 to enjoy this offer. 保齡球場每日開放時間為 10:00 至 22:00,最後預約時間為每日晚上8時以享此優惠。
- 2. Bowling alley booking could be made directly at Club Siena or by phone 2987 7382. 可親臨海澄湖畔會所或致電2987 7382預訂保齡球場。
- 3. Each person can book only one session at the same time. 每人每次只可預訂同日一節時段之球場。
- 4. Each person can only use this offer once per day.
- 每人每日只可使用此優惠一次。
- 5. Children under 12 years old must be accompanied by an adult guardian at all time.
- 十二歲以下之小童必須由年滿十八歲以上之監護人陪同。
- 6. Member's guests are required to pay relevant guest entrance fees.

會員賓客需繳付相關會員賓客入場費用。

Terms and conditions apply. In case of any dispute, Discovery Bay Recreation Club reserves the right of final decision. 款與細則約束,如有任何爭議,愉景灣康樂會保留最終決定權。











Discovery Bay

# Amazing Splash 202 Come make a splash with

25.8.2024 (Sunday 星期日)

下午2:00pm - 下午3:30pm (5 - 8 years old 歲)\*

下午4:00pm - 下午5:30pm (9 - 11 years old 歳)

Club Siena Multipurpose Court 海澄湖畔會所多用途球場

Fee 費用: Member 會員 / FREE 免費 Member's quest 會員賓客 / HK\$100

#### Activities include\_活動包括

Water Bomb Blast 爆爆水彈大戰 Splash Races 夏日水競技賽 Water Gun Party 水槍瘋狂派對 and more 更多...

A limited quota for the event will be offered on a first-come, first-served basis. 名額有限,先到先得!

\*Kids under 6 years old must be accompanied by an adult or guardian holding a valid membership card of DBRC. 6歲以下兒童須由持有有效康樂會會員證之成人或監護人陪同參與。

Remarks: Photos shot during the event may be published in various media such as the club website and DBRC publicity materials.

註:活動期間所拍攝之照片將會用於不同媒體,包括愉景灣康樂會之網站或刊物

For enquiries 查詢:

2987 7382 / dbrc-lessons@dbrc.hk







# 中於月園流逝 Mithatum Party

17/9/2024 (Tue 星期二) 晚上 7:00pm-10:00pm DBRC Lobby 愉景灣康樂會大堂



Program Highlight 活動內容

- 1. Riddle Game 競猜燈謎遊戲
- 2. Art & Craft Workshop (Lantern) 手工藝工作坊(燈籠製作)



For Enquiries, please call 2987 7381 如欲查詢 請致電2987 7381

Remarks: Photos shot during the event may be published in various media such as the club website and DBRC publicity materials.

註:活動期間所拍攝之照片將會用於不同媒體,包括愉景灣康樂會之網站或刊物





### **Harry Wright Swimming Programme**

Harry Wright programme provides modern and progressive curricula in a positive learning environment that ensures progression, talent identification and pathways of excellence for all swimmers at any age or ability.

#### 1. Summer Holiday

Period: 2 Jul -10 Aug 2024

#### 2. Summer Holiday Weekly Camps

Period: 2 Jul -9 Aug 2024

- Monday to Friday –
   5 sessions each week
- Monday, Wednesday & Friday –
   3 sessions each week

#### Range of lessons:

- ★ Parent & Infant (4-23 months)
- ★ Preschool (2.0-4.11 years)
- ★ Learn to Swim (3.0 years & above)
- \* Swim Team

For more information, please email swimming@harrywright.com.hk





### Happy Camper Summer Kids Camp open for registration now!

Period: 1 Jul -16 Aug 2024

Age: 4 years old or above

Time: 9:00am to 12:30pm

Price: Member: \$2990/Week (5 days)

Non-Member: \$3738/Week (5 days)

\*50% off for Siblings\*

Includes Campers Lunch and Free Happy Camper T-shirt

for New Campers (for weekly sign-ups only)

For more information,

please email info@forwardmotionhk.com





Island Dance has been teaching Dance and instilling confidence through performance to the children of Discovery Bay for over 25 years!

Dance Styles taught include ISTD Disco Freestyle, ISTD Hip Hop, RAD Ballet, Contemporary, Jazz and Tap.

Five Professional Diverse and Talented teachers teaching 6 days a week at DBRC & CLUB SIENA





Welcome all ability levels and beginners.

#### Application forms are available at DBRC and Club Siena.

Offering ISTD & RAD recognized Dance education by highly qualified teachers from all over the globe.

Trial classes available. Please call 29871571 for more details.

### Funfit Fall Term enrolment now open!

Little Steps (1-3 yrs) – ACCOMPANIED Friday 9:30am to 10:30am











Application forms are available at DBRC and Club Siena.

For enquiries, phone Melissa on 63026327 or email: funfitdb@gmail.com



### **FORWARD**MOTION



#### **Programme Classes and Information**

	Recommended Age	Player : Coach (max.)	Lesson Fee (per lesson)	
Adult Clinic	16+	4:1	HK\$250	
Pickleball League	Invitational	8:1	HK\$175	
Junior Programme	4 - 16	4:1	HK\$250	
Private/Private Group Class	Contact Coach Joel via WhatsApp for more information 6134-7756			

<sup>\*</sup>Non-DBRC Members are welcome to enrol and are subject to a HK\$70 surcharge per class

#### **Programme Schedule**

	TUESDAYS	THURSDAYS	SATURDAYS
08:30 - 9:30	Adult Clinic	Adult Clinic	Junior Programme (9:00-10:00)
09:30 - 10:30	Adult Clinic	Adult Clinic	Pickleball League (10:00-11:00)
15:30 - 16:30	Junior Programme	Junior Programme	
16:30 - 17:30	Junior Programme	Junior Programme	







# Mother/s)Day/Bouquet/Dilly/Workshos)

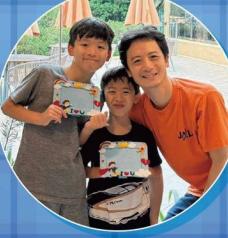


### DBRC

Discovery Bay

Prince Ps Day Photo Frame DIN Workshop cum FIRDSA Charity Science Ps Day Photo Frame













## **Gymnastics Friendly Meet**















# Club sieno Discovery Bay

# Piddeball Open Day















## CLUB NEWS 會所快訊



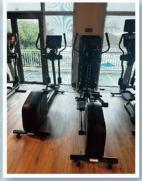
#### **DBRC & Club Siena Fitness Centre** 康樂會及海澄湖畔會所健身中心

- -Installing new TV 更換電視 (Jan 一月)
- -Installing new fitness equipment 增設新健身設備 (Apr 四月)











#### **DBRC Table Tennis Room** No.1 & 2

#### 康樂會1號及2號乒乓波室

Wall Repainting 牆壁翻新 (Apr 四月)





#### **DBRC Freeform Pool** 康樂會不規則池

Floating Platform Replacement 更換浮台 (May 5月)





#### **DBRC** Reading Area 康樂會閱讀區

- -Table and Chair Replacement 更換桌椅 (May 5月)
- -Reading Area and Corridor illumination replacement and optimization 閱讀區吊燈及走廊燈優化





#### **DBRC & Club Siena Changing Room** 康樂會及海澄湖畔會所更衣室

Height Wall Stickers Replacement (May 5月) 更換身高牆貼







# FUNTASTIC SUMMERS ATDISCOVERY BAY 偷景灣夏日樂滿 FUN

**DB Summer Splashtopia** 愉景灣彈游夏日嘉年華

圖13/7 - 1/9/2024 ③10:00 - 18:00 ◎ Tai Pak Beach 大白灣沙灘

Public registration from 21 June via Klook 6月21日起可於Klook報名

Starting 13 July, redeem ONE Weekdays Buddy Bundle ticket upon spending of HK\$1,600 or above at selected merchants in Discovery Bay; or spend HK\$2,000 or above at selected merchants in Discovery Bay; or spend HK\$2,000 or more to redeem ONE Weekend Buddy Bundle ticket 7月13日起於檢棄婚指定節子前費無HK\$1,000或以上,可換領親子同行套票(星期一至五週用)乙褒;消費滿HK\$2,000或以上,可換領親子同行套票(星期一或五週用)乙張



#### **DB x CEET FOUAD**

Limited Edition Gift Redemption 限量版禮品換領

**15/6 - 1/9/2024 (1)** 12:00 - 21:00 ◎ Concierge, DB Plaza 愉景廣場禮賓部

HK\$600 or above 或以上

HK\$1,000



DB x CEET FOUAD 折疊兩傘







第二屆愉景灣渡海泳挑戰賽

**25/8/2024** 

◎ Tai Pak Beach 大白灣沙灘 設多項賽事供不同水平的游泳健兒參與













































(2) Q visitdiscoverybay







## FITNESS TIPS

#### Use tools to relax your muscles 使用工具來放鬆肌肉

Whether you choose a foam roller, tennis balls, muscle sticks, or other fitness tools, try to fit some self-myofascial release into your gym time. This practice helps improve soft tissue health and speeds recovery.

無論您是選擇瑜珈滾輪、 網球、肌肉棒或其他健身 工具,請嘗試在健身時間 中加入一些自我肌筋膜釋 放活動,這有助於改善軟 組織健康並加速復原。

#### 1 Jul- 31 Aug











- 1.簡單介面,輕鬆查閱 User-friendly interface, easy to read
- 2.即時接收重要資訊, 例如 Instantly receive important information, such as



- ●設施實時情況 Real-time status of facilities
- ●惡劣天氣預告 Adverse weather forecasts
- ●會所公告及活動 Club announcements and activities (更多內容將陸續推出 And more...)
- 3.探索不同的主題及獨家優惠 Diverse topics and exclusive offers to explore



- ●獨享優惠 Exclusive Offers
- ●生日禮遇 Birthday Offers
- ●餐飲優惠 Dining Offers
- ●早鳥活動優惠 Early-bird Discounts



Download Here 立即下載



( For iOS and Android )



記得開啟"訊息通知"功能,隨時隨地掌握最新資訊及優惠 Remember to turn on the "Notification" function to instantly up to date with the latest information and offers



### 獨享優惠 Exclusive Privilege





由7月8日起,現有DBRC會員下載MessageSpring APP及訂閱「愉景灣康樂會」後,於星期一至五到D'Café恵顧下午茶套餐,即可享半價優惠追加第二份下午茶套餐。(優惠只限使用乙次及不能與其他優惠同時使用)

From 8 July, current DBRC members who download the MessageSpring APP and subscribe to the "Discovery Bay Recreation Club" can enjoy a 50% off on a second order of Afternoon Tea Set at D'Café on Mon-Fri. (The offer can only be redeemed once and cannot be used in conjunction with other promotion privileges)

優惠日期: 7月8日至8月31日 Offer period: From 8 July to 31 August 2024

\*優惠只限使用乙次及不能與其他優惠同時使用
The offer can only be redeemed once and cannot be used in conjunction with other promotion privileges











# Club Service Arrangement under Typhoon Signal & Rainstorm Warning 颱風及暴雨警告下之會所服務安排

T1 113







**★8 ¥9 ★10** 

The Club will operate as normal 會所照常運作

The Club will close 會所關閉

**38 X9** 



Typhoon Signal No. 8 or above 如八號或以上颱風信號

lowered before 6:00pm, the Club will reopen with limited services two hours after the signal has been lowered.

於下午六點前除下,會所將於兩小時後恢復有限度服務。

lowered after 6:00pm, the Club will remain closed until the regular opening time on the following day.

於下午六點後除下,會所將關閉直至翌日正常開放時間。











愉景灣康樂會會員逢星期一至四\*於晚市時段 惠顧主餐牌菜式可享七折優惠

Discovery Bay Recreation Club members can enjoy 30% off à la carte menu items for dinner period on Monday to Thursday\*

\*公眾假期除外 except public holidays

Shop 153A, 1/F, DB Plaza 愉景廣場 1 樓 153A









**のISCOVERY** 愉景灣のffY



香港製造 • 真材實料 Made in Hong Kong • Quality Ingredients

### 迷 你 奶 黃 月 餅 [六個裝]

Mini Egg Custard Mooncakes (6pcs)

### 早鳥優惠價 Early Bird Offer

202**4年8月18日前** Purchase before 18 Aug 2024

HK\$ 298/盒 per box

原價HK\$368 (Original Price: HK\$368)

月餅換領日期: 2024年9月1至17日 Collection Period: 1 Sep to 17 Sep 2024

優惠受條款及細則約束,圖片只供參考





(852) 2215 0833 Reservation@dbpeony.com

















#### 愉景灣康樂會會員尊享 私人包廂麻雀耍樂

愉景灣康樂會會員由即日起, 餐飲消費滿指定金額,即可於牡丹軒中菜廳私人包廂享受麻雀耍樂!

> 中午十二時至五時: 四位最低消費HK\$1,500

> 下午四時至晚上九時: 四位最低消費HK\$2,000

DBRC Member Exclusive Private Mahjong Room

From now on, DBRC members can enjoy playing mahjong at the Private Dining Room at Peony Chinese Restaurant upon spending a designated amount.

From 12:00 p.m. to 5:00 p.m.: Minimum charge of HK\$1,500 for 4 persons

From 4:00 p.m. to 9:00 p.m.: Minimum charge of HK\$2,000 for 4 persons

查詢及訂座 Enquiries or reservations: 852 2215 0833

#### 條款及細則 Terms & Conditions:

·如有任何爭議,牡丹軒中菜廳將保留最終之決定權 In case of any dispute, Peony Chinese Restaurant reserves the right of final decision













# Twinings Teatime Delights

Pamper yourself with a range of tea-infused desserts and tea pairing experience at Café bord de Mer & Lounge

> 於Café bord de Mer & Lounge 細意品嚐以茶入饌 之甜點及與精選茗茶配搭之體驗

#### \$428 for 2 persons 兩位用

Starting from 7 June 2024 Every Friday to Sunday and Public Holiday 3pm to 5pm

由2024年6月7日起 逢星期五至日 及公眾假期 下午3時至5時

Reservation 訂座 | 📞 (852) 2295 8299

·優惠須受條款及細則約束。只限堂食。另收加一服務費。圖片只供參考,詳情請瀏覽 www.aubergediscoverybay.com。 Terms and conditions apply. The offer is for dine-in only. Subject to 10% service charge. Photos are for reference only. Please visit www.aubergediscoverybay.com for details



HK\$298 (小童 Child/ 每位 per person)

Premium Seafood Bowl, with Appetizer, Dessert, Coffee or Tea from buffet table 極上海鮮拼盤配各式自助前菜、甜品、咖啡或茶 Add-on items 追加項目:

HK\$168 w/# HK\$268

Main Course Selection 自選主菜

Free-flow Beverage **Package** 



From now on every Sunday 12:00nn to 3:00pm 即日起逢星期日中午12點至下午3點

Reservation 訂座

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\*\*Terms and conditions apply. This offer is valid for dine-in only. The above price is applicable for each person or each course. Subject to 10% service charge. Each person can enjoy add-on items upon purchasing the Semi Buftet Lunch. Photos are for reference only. Please visit aubergediscoverybay.com for more details.

