

CLUB TIMES

SEPTEMBER & OCTOBER 2023

www.dbrc.hk

Not a member yet? 還未成為會員?

Join Us!

Call our membership hotline on 2987 7381 to learn more about our offers!

歡迎您隨時致電會員專線
2987 7381 了解各項會員優惠!

Cool autumn breezes and a bright yellow moon remind us that Mid-Autumn Festival is approaching. Rich in tradition, this festival symbolizes harmony and gratitude for nature's abundance.

At DBRC, we'll host our 'Mid-Autumn Party' which features traditional riddle games and art & craft workshop for children. Come join us on 29 September – a wonderful opportunity to embrace our shared heritage and strengthen family bonds.

To celebrate the season, our restaurants will be serving delectable treats. Throughout September and October, savour exquisite pasta dishes at D' Café – from creamy Fettuccine with Seared Scallops to hearty Prawn and Chorizo Risotto. Fantastico! Seeking authentic Asian flavours? Café Siena will be offering its signature bento boxes – from mouth-watering Teriyaki Chicken to yummy Kabayaki Unagi. Oishii!

The German Beer Festival is coming up! We'll have traditional sausage and pork knuckle together with refreshing German beers at D' Café & Café Siena. We look forward to seeing you there. Come and enjoy our Oktoberfest celebration, this festive event promises to be a great way to immerse yourself in the vibrant atmosphere.

Sports events are going to happen in the upcoming months at DBRC. Featuring Swimming Gala, Annual Tennis Championship and Long-awaited Charity Tennis. Be a part of these unforgettable sporting extravaganzas and show your extraordinary sportsmanship.

秋風清，秋月明，提醒了我們中秋節的來臨，一個象徵和諧和對大自然有著感激之情的傳統節日。

今年中秋，與您至愛的家人一同到 DBRC 參加我們舉辦的“中秋月圓派對”，除了有傳統的猜燈謎，亦有供兒童參加的手工藝工作坊。約定您及您的家人 9 月 29 日晚一起「賞月」。

為了慶祝這個季節，我們的餐廳將提供一系列的美味佳餚。在整個九月和十月，您可以在 D' Café 享受精緻的意大利麵食，從濃郁的松露忌廉汁帶子意大利闊麵到刺激惹味的西班牙辣肉腸大蝦意大利飯，總有一款滿足到您。想尋找正宗的亞洲風味？可以到 Café Siena 點上一道招牌的日式便當，有美味的照燒雞排及蒲燒鰻魚等便當供您選擇。Oishii!

德國啤酒節即將到來！您們能夠在 D' Café 及 Café Siena 一邊品嚐可口的香腸拼盤和德國鹹豬手，一邊搭配德國啤酒一起享用，絕對是一件賞心樂事。期待您參加我們的德國啤酒節慶祝活動，齊來乾杯！

DBRC 將會舉辦一系列體育賽事。包括愉景灣水運會、康樂會網球精英賽和期待已久的慈善網球賽等。參加成為這些刺激的體育盛事的一部分，展示您非凡的身手吧！

The Management Team
DBRC

10 years +
caring company
商界展關懷
Awarded by The Hong Kong Council of Social Service
獲頒社會服務發展獎



Stay Connected
with DBRC



Sep - Oct
Specials
9月-10月限定

Pasta Promotion

- 1 Veggie Lasagne**
Spinach, Red Pepper, Eggplant, Zucchini, Cheddar Cheese
and Fresh Tomato Sauce

素菜千層麵

菠菜、紅椒、茄子、意大利青瓜、車打芝士及鮮番茄醬

HK\$158

- 2 Penne Arrabiata with Ox-tongue**
香辣番茄醬牛脷長通粉

HK\$138

- 3 Prawn and Chorizo Risotto**
Cherry Tomatoes and Fresh Tomato Sauce

西班牙辣肉腸大蝦意大利飯

車厘茄、鮮番茄醬

September Special
9月 限定

HK\$138

- 4 Squid Ink Spaghetti with Seared Scallops**
Pesto Cream Sauce

帶子墨魚汁意大利粉

香草忌廉汁

September Special
9月 限定

HK\$148

- 5 Prawn and Chorizo Ravioli**
Cherry Tomatoes and Fresh Tomato Sauce

西班牙辣肉腸大蝦意大利雲吞

車厘茄、鮮番茄醬

October Special
10月 限定

HK\$138

- 6 Fettuccine with Seared Scallops**
Truffle Cream Sauce

帶子意大利闊麵

松露忌廉汁

October Special
10月 限定

HK\$148

Add HK\$25 to enjoy a glass of house red or white wine
另加 HK\$25 享用特選紅酒或白酒乙杯

Guests of members will be charged a 15% service fee.
會員賓客須另付 15% 的服務費。

For enquiries, please call: 2500 1942
如有查詢，請致電：2500 1942



Bingo Night

Date: 8 & 22 September, 06 & 20 October 2023
Time: 8:00pm sharp

JOIN A FUN FRIDAY NIGHT AND WIN THE JACKPOT!

A minimum food & beverage charge of HK\$80 per person

-
- HK\$20 per ticket / game
 - Maximum 2 cards per player
-

Guests of members will be charged a 15% service fee.
For enquiries, please call: 2500 1942

Café Siena

Sep - Oct
Specials
9月-10月限定

Bento Boxes Promotion

1 Kurobuta Pork Cutlet
日式吉列黑豚豬扒便當
HK\$148

2 Kabayaki Unagi
浦燒鰻魚便當
HK\$158

3 Teriyaki Chicken
照燒雞扒便當
HK\$158

4 Japanese Curry with Hamburger Steak
咖哩牛肉漢堡便當
HK\$148

5 Deep-fried Teriyaki Spicy Drumsticks
脆炸照燒辣雞翅便當
HK\$158

6 Japanese Diced Beef Curry
日式咖喱一口牛肉便當
HK\$148



September Special
9月限定

September Special
9月限定

October Special
10月限定

October Special
10月限定

All Bento Boxes are served with Miso Soup, Sautéed Vegetables,
Crab Roe Salad and Japanese Rice

所有便當均配有味噌湯，炒雜菜，蟹籽沙律及日本米飯

Guests of members will be charged a 15% service fee.
會員賓客需另加 15% 服務費。

For enquiries or reservations, please call: 3156 7426
查詢或訂座，請致電：3156 7426

Photo is for reference only
圖片只供參考



Café Siena

Oct
Specials
10月限定



German Beer Festival

- 1** Erdinger Weissbier (500ml, Bottle)
Erdinger 小麥啤酒 (500毫升, 瓶裝)
HK\$78

- 2** Sausage Platter
(Nuremberger, Cumberland Spiral Sausage,
Emmentaler Sausage, Munich white sausage)
德國腸拼盤
(紐倫堡腸, 坎伯蘭蛇餅腸, 愛美拿腸, 慕尼黑白腸)
HK\$118

- 3** Sausage Platter + Erdinger Weissbier
德國腸拼盤 + Erdinger 小麥啤酒
HK\$168

- 4** Pork Knuckle (1kg, bone in)
德國鹹豬手 (1公斤, 帶骨)
HK\$228

- 5** Pork Knuckle + Erdinger Weissbier
德國鹹豬手 + Erdinger 小麥啤酒
HK\$278

Guests of members will be charged a 15% service fee.
會員賓客需另加 15% 服務費。

For enquiries, please call 如有查詢, 請致電:
D' Café 2500 1942
Café Siena 3156 7426

DBRC and Club Siena Junior Tennis Programme

(August 2023 – July 2024)

Programme Classes and Information

	Recommended Age	Player : Coach	Duration	Lesson Fee (per lesson)
*Little Smashers (LS) <i>(Indoor Class)</i>	3 - 4	4 : 1	45 mins	\$205
Orange Ball	5 - 8	4 : 1	1 hour	\$275
Green Ball	8 - 11	4 : 1	1 hour	\$275
Yellow Ball	11+	4 : 1	1 hour	\$275
*Talent Group	Invitational	4 : 1	1.5 hours	\$360
Future Champs Junior League	8+	4 : 1	1 hour	\$275
Junior Team Training	Invitational	4-6 : 1	1.5 hours	\$310

Programme Schedule

	MONDAY	TUESDAY	WEDNESDAY		THURSDAY		FRIDAY	SATURDAY
14:45-15:30			*LS		*LS			
15:30-16:30	Orange Ball	Green Ball	Orange Ball	*LS (15:30 - 16:15)	Green Ball	*LS (15:30 - 16:15)	Orange Ball	Future Champs Junior League (9:00-10:00)
16:30-17:30	Green Ball	Orange Ball	Green Ball	*LS (16:15 - 17:00)	Orange Ball	*LS (16:15 - 17:00)	Green Ball	Future Champs Junior League (10:00-11:00)
17:30-18:30	Yellow Ball	Yellow Ball	Yellow Ball		Yellow Ball		*Future Champs Junior League	Future Champs Junior League (11:00-12:00)
18:30-19:30	*Yellow Ball		*Talent Group (18:30-20:00)				*Future Champs Junior League	

*Only available at Club Siena.

** Non-Club Members attend classes at Club Siena only and are subject to a +\$70 surcharge per class.

For more information, please contact Ajit Gidwani 9779-0747

DBRC and Club Siena

Tennis Lessons and Fees

**With effect from 1 August 2023*

No. of Players Per Lesson	Duration	Coaching Fee (per person)
1 Person	1 Hour	\$725
2 Persons		\$390
3 Persons		\$310
4 Persons		\$275
5 - 6 Persons		\$235
1 Person	30 Mins	\$390
2 Persons		\$225
3 Persons		\$155
4 Persons		\$125
Adult Team Lesson (4 - 6 Persons)	1 Hour	\$955 (per team)
	1.5 Hours	\$1,380 (per team)

- Only Club Members are eligible for lessons at DBRC
- Non-Club Members may have lessons at Club Siena. For non-club members, a surcharge of \$70 will be charged for every lesson in Club Siena.

Application forms are available at DBRC and Club Siena Reception
For more information, please contact Tennis Director, Ajit Gidwani at 9779-0747



Harry Wright Swimming Programme - Autumn Term 2023

The Harry Wright programme provides a modern curriculum and positive learning environment ensuring talent identification and pathways of excellence for swimmers of any age or ability.

Range of lessons:

- ◆ Parent & Infant (4 – 23 months)
- ◆ Preschool (2 – 4 years ,11 months)
- ◆ Learn to Swim (3years & above)
- ◆ Swim Team



Autumn Term

14 Aug to 16 Dec 2023

Monday to Saturday

(Open for members and guests. Schedules available on www.harrywright.com.hk)



Island Dance

New term open for registration

- Ballet
- Freestyle/Hip-Hop
- Arco Dance
- Adult Hip-hop

Island Dance has been teaching Dance and instilling confidence through performance to the children of Discovery Bay for over 25 years!

Dance Styles taught include ISTD Disco Freestyle, ISTD Hip Hop, RAD Ballet, Contemporary, Jazz and Tap.

Five Professional Diverse and Talented teachers teach 6 days a week at DBRC & CLUB SIENA.

All ability levels and beginners welcome.



Application forms available at DBRC and Club Siena

Offering ISTD & RAD recognized Dance education by highly qualified teachers from across the globe.

Trial classes available. Please call **2987 1571** for more details.

Wing Chun

New term open for registration

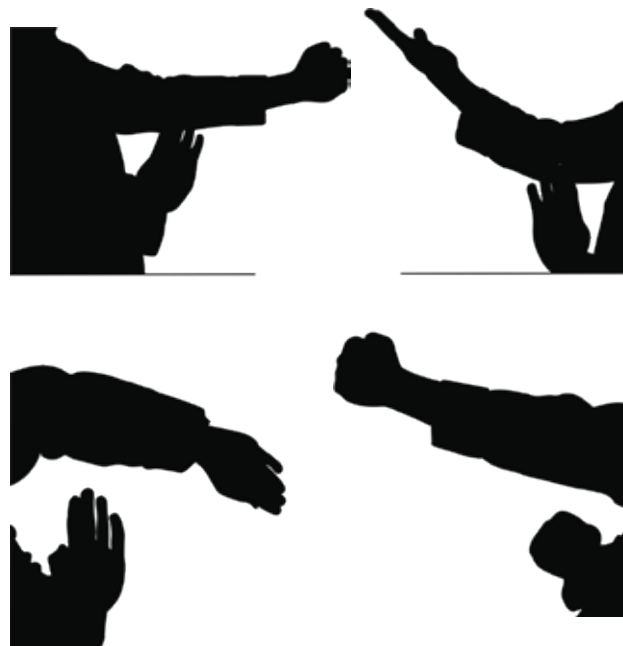
Every Monday at Club Siena:

Kids A class: **3:45pm - 4:45pm**

Youth B class: **4:45pm - 5:45pm**

Wing Chun helps build self-confidence, physical fitness and mental resilience.

For course details please contact: **Kurk Leung**
Call: **9249 1021** or email: **Kungfu.force@gmail.com**



Gymnastics

Come join the new term programme!

21 Aug 2023 – 2 Feb 2024

Age: 3 years and above (All levels)

Classes: **Mon & Fri**

Location: **Club Siena Dance Studio**

Sportsmanship Gymnastics welcomes healthy, well behaved Gymnasts with positive energy.

20% discount for two lessons per week

For course details, please email: **Charles Chan**
at **Sportmanshphk@gmail.com**



Enrolment for Funfit Fall Term is now open!

Period: 28 Aug to 14 Dec 2023

1. Busy Bees (Walking to 18 months) – ACCOMPANIED

Mon 9:15 am to 10 am

2. Tumble Tots (18 months to 3 years) – ACCOMPANIED

Mon 10 am to 10:45 am

3. Wiggle Worms (From approx. 6 months) – ACCOMPANIED

Mon 11 am to 11:45 am

4. Little Steps (1-3 years) – ACCOMPANIED

Thurs 9:15am to 10:15am

5. Big Steps (1-3 years) – ACCOMPANIED

Thurs 10:30am to 11:45am



Application forms are available at DBRC and Club Siena

Enquiry: Melissa Gough Tel: 63026327

Email: funfitdb@gmail.com for enquiries

Musical Instruments lesson



New music lessons are now open for registration!

Period: Sep – Oct 2023

Age: 3 – 5 years old Venue: CS Piano Room

1. Music Starter A - Friday 3:45pm - 4:45pm

2. Music Starter B - Saturday 12:00noon - 13:00pm

Application forms are available at DBRC and Club Siena

For more details, please contact: Mr Simon Leung 梁老師

9131 2915 (WhatsApp & Voice Call)

Email: woodwindstation@gmail.com



中秋

月圓派對2023

Mid Autumn Party

29.9 | 7-10pm

DBRC Lobby 愉景灣康樂會大堂

Members Only 只招待會員

Free Admission 免費入場

Program Highlight 活動內容

1. Riddle Games 競猜燈謎遊戲
2. Art & Craft (Lantern) 手工藝工作坊 (燈籠製作)

For enquiries please call 2987 7381

如有查詢 請致電2987 7381

Remarks: photos shot during the event may be published in various media such as the club website and DBRC publicity materials

註: 活動期間所拍攝之照片將會用於不同媒體, 包括愉景灣康樂會之網站或刊物

Discovery Bay 2023 Swimming Gala 愉景灣水運會

Date日期: 15 Oct 2023 (Sun)

Time時間: 2:00pm - 5:30pm

Venue地點: DBRC Swimming Pool 愉景灣康樂會主池

Enrollment Deadline 截止報名日期: 11 Oct 2023 (Wed)

Entry fee 報名費: 每項HK\$85 per event
(Members Only)

SWIMMING EVENTS 分組賽事	Individual events will be further separated by boys & girls race 個人項目賽事均另分男子及女子組賽事
Ages	Challenges
4 years old or below	Width Race/25m Kickboard Race
5 years old or below	Width Race
5 years old or below	25M Back-stroke/ 25M Breast-stroke/25M Freestyle
6 years old	25M Back-stroke/ 25M Breast-stroke/25M Freestyle
7 years old	25M Back-stroke/ 25M Breast-stroke/25M Freestyle
8 years old	25M Butterfly/ 50M Back-stroke/ 50M Breast-stroke/ 50M Freestyle
9 years old	25M Butterfly/ 50M Back-stroke/ 50M Breast-stroke/ 50M Freestyle
10 years old	50M Butterfly/ 50M Back-stroke/ 50M Breast-stroke/ 50M Freestyle
11-12 years old	50M Butterfly/ 50M Back-stroke/ 50M Breast-stroke/ 50M Freestyle
13-15 years old	50M Butterfly/ 50M Back-stroke/ 50M Breast-stroke/ 50M Freestyle
Child at 6-8 years old	25M x 2 Parents & Child Relay
Child at 9-12 years old	25M x 2 Parents & Child Relay
Child at 13-15 years old	25M x 2 Parents & Child Relay
	Boys & Girls Relay

Application forms are available at DBRC's & Club Siena's Reception Counters.
請於康樂會及海澄湖畔會所接待處查詢報名詳情及索取表格。

Enquiry 查詢: 2987 7381 / dbrc-lessons@dbrc.hk

Remark: Shot photo of the event may be published in various media such as website and printed materials of DBRC.
註: 活動期間所拍攝之拍照將用於不同媒體, 包括愉景灣康樂會之網站或刊物。

For more details:

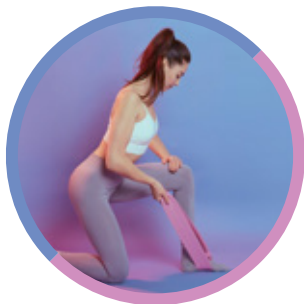


Fitness Tips



Recording of your daily calorie intake helps you understand how healthy your menu is and allows you to better plan your exercise regimen.

紀錄每日攝取的卡路里，這個方法令你了解自己的餐單是否健康，亦能方便自己訂定之後的鍛鍊計劃。



Event for Fun

1 Sep – 31 Oct

1 Sep – 31 Oct

8 Sep

22 Sep

29 Sep

6 Oct

1 Oct – 31 Oct

15 Oct

20 Oct

31 Oct

Pasta Promotion, D' Café

Bento Boxes Promotion, Café Siena

Bingo Night, D' Café

Bingo Night, D' Café

Mid-Autumn Party, DBRC

Bingo Night, D' Café

German Beer Festival, D' Café & Café Siena

Discovery Bay Swimming Gala 2023, DBRC

Bingo Night, D' Café

Halloween Party, Club Siena

D' Café Green Dining, Reducing Plastic to Protect Environment

D' Café 綠色餐飲，減塑保護環境



According to the Environmental Protection Department's recent 'Hong Kong Solid Waste Monitoring Report', the city generates approximately 2,320 tonnes of plastic waste per day including around 200 tonnes of plastic cutlery and utensils – severely damaging natural ecosystems and posing a threat to human health. In response, D'Café has started using takeaway containers and utensils made from corn starch. These eco-friendly alternatives are fully biodegradable and prevent the release of toxic substances, reducing environmental damage.

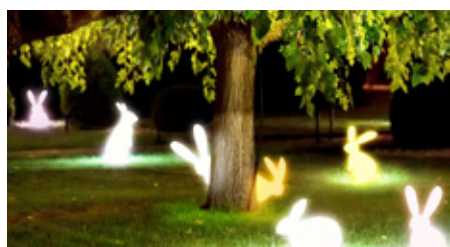
根據近年環保署公布的「香港固體廢物監察報告」，香港塑膠每日平均棄置量約有 2,320 公噸，佔香港堆填區都市固體廢物棄置量約 21%，而香港每日的棄置塑膠餐具約為 200 公噸，即棄塑膠餐具等的塑膠垃圾不但嚴重破壞自然生態系統，更會及人類健康。為了回應這個議題，D' Café 使用了粟米澱粉的外賣餐盒及餐具，不僅環保，還能生物可分解，避免了有毒物質的釋放，減少對環境的破壞。

Glowing Bunnies Under the Moon @Discovery Bay

玉兔圓月慶中秋 @愉景灣

From 22 Sep to 8 Oct, the lawn outside DB Plaza will be filled with 80 glowing bunnies for celebrating the Mid-Autumn Festival. Take your chance to capture the best shots and stand a chance to win a HK\$50 DB Cash Voucher and two one-way ferry tickets by joining the photo contest.

為慶祝中秋佳節，於 9 月 22 日至 10 月 8 日期間愉景廣場露天草地將設 80 隻發光玉兔，打卡後即可參加愉景灣玉兔攝影比賽，有機會獲得 HK\$50 愉景灣禮券乙張及單程船飛兩張。



Spooky Chills @Discovery Bay 2023

2023「盞鬼」愉景灣

"Spooky Halloween Night Market" will return to Discovery Bay on 29 Oct this year! Come and visit with your furry friends in spooky costumes and join Pet Costume Contest & Catwalk Show for a chance to win fabulous prizes. "Spooky Forest" themed lighting installation will be set up at DB Plaza, creating the ultimate setting for you to show off your spookiest costumes.

今年「愉景灣萬聖夜市集」將於 10 月 29 日舉行，歡迎各位主人為寵物換上搞鬼造型親臨市集，變身小小「毛」特兒行 Catwalk 兼贏走豐富獎品。愉景廣場更增添「魅影森林」主題燈飾佈置，小心嘩鬼隨時出沒！



For more details, please follow @VisitDiscoveryBay facebook and Instagram page for program update.

密切留意 @VisitDiscoveryBay Facebook 及 Instagram 專頁公佈更多活動詳情。



迷你奶黃月餅 [六個裝] Mini Egg Custard Mooncakes (6 pcs)

100%香港製造 · 無添加防腐劑 · 真材實料
100% Made in Hong Kong
No Preservatives · Quality Ingredients

優惠受條款及細則約束，圖片只供參考。

Terms and conditions apply, photo is for reference only.

2023年9月10日前
Purchase before 10 Sep 2023

早鳥優惠價

Early Bird Offer

HK\$258 /盒 per box

原價 HK\$288 (original price: HK\$288)

月餅換領日期：

9月11日 至 9月29日

Collection Period: 11 Sep to 29 Sep 2023





Your idyllic

HOME IN AN OASIS

Residential Packages

Whether you are staying for leisure or business, Auberge Discovery Bay Hong Kong offers you a private sanctuary embraced with breathtaking mountain or sea views.

Contact us for more value-added / tailored privilege to make your stay a memorable one.



Complimentary shuttle services to Sunny Bay MTR Station
Available on Sat / Sun and PH



Complimentary Wifi



25-minute bus ride to Airport



Outdoor swimming pool



25-minute ferry ride to Central



Gym facilities


AUBERGE
Discovery Bay Hong Kong
香港愉景灣酒店



AubergeDBay



For enquiries, please call (852) 2295 8288 or email enquiry@aubergediscoverybay.com

*Terms and conditions apply

*Price is subject to change without prior notice

*Price is inclusive of 10% service charge

Auberge Discovery Bay Hong Kong 88 Siena Avenue, Discovery Bay, Lantau Island, Hong Kong

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